

Saint Mary's College of California
Kalmanovitz School of Education
Counseling Department

Higher Education and Student Affairs (HESA) - Spring Start 3.5 Years
58 Units

Year 1: Spring Term	7 Units
COUN 500 Introduction to Counseling Research	1
COUN 222 Personal and Professional Development of Counselors	3
COUN 248 Human Development & Family Relationships	3
Year 1: Summer Term	3 Units
COUN 234 Human Sexuality	1
COUN 237 Alcohol & Substance Abuse	2
Year 2: Fall Term	9 Units
COUN 520 Counseling Skills I (6 Saturdays, 10 to 5, alternating with 6 2-hour Training Group Sessions)	3
COUN 230 Theories of Counseling	3
COUN 233 Law, Ethics & Values	3
Year 2: January Term	2 Units
COUN 239 Psychological Perspectives of Gender	2
Year 2: Spring Term	6 Units
COUN 521 Counseling Skills II (6 Saturdays, 10 to 5, alternating with 6 2-hour Training Group Sessions)	3
COUN 522 Issues in Intercultural Counseling & Social Justice	3
Year 3: Fall Term	6 Units
COUN 240 Psychological Testing & Assessment	3
COUN 242 Foundations of Higher Education and Student Services	3
Year 3: January Term	3 Units
COUN 232 Career Counseling	3
Year 3: Spring Term	6 Units
COUN 572 Research Seminar I	3
COUN 523 Group Theory & Practice	3
Year 3: Summer Term	3 Units
COUN 560 Counseling Exam Preparation (In place of a thesis or project)	3
Year 4: Fall Term	6 Units
COUN 530 Counseling Field Experience	3
COUN 245 Psychopathology	3
Year 4: January Term	1 Units
COUN 308 Addictions, Dual Diagnoses, and Recovery-Oriented Treatment	1
Year 4: Spring Term	9 Units
COUN 530 Counseling Field Experience	3
COUN 243 Social Justice in Higher Education: Theory, Practice & Research	3
COUN 550 Counseling Master's Project or Thesis (For the Counseling Exam, take 560 instead)	3