

2022

FALL SUMMARY



Division of Student Life



Division of Student Life



WHO WE ARE

Student Life provides integrated learning experiences that empower students to become engaged, global and ethical persons.

FORWARD VISION

Empowering students to discover and achieve their dreams. Student Life collaborates with faculty, staff, students, and community members to deliver a comprehensive and high-impact, student-centered experience both inside and outside of the classroom.



COMMUNITY WELLNESS ENGAGEMENT



Message from Interim Vice President for Student Life

The Division of Student Life works to ensure all students have access to the tools they need to succeed at Saint Mary's College and beyond. With 14 departments offering diverse programs and services, such as housing, leadership development, social justice advocacy, club athletics teams, fitness programs, and social programming, we touch all facets of a student's journey throughout their time at Saint Mary's. Working to create a safe and inclusive campus community, Student Life welcomes students into our community, supports them in connecting to people and experiences, and engages them in strengthening the communities to which they belong. The division continues to work collaboratively with colleagues across the campus and community to provide experiences and programming that challenge conventional ideas while encouraging students to think, react, and work in innovative ways.

The fall 2022 semester reflects the division's ability to pivot programs, services, and resources to meet the needs of our current and future students. This summary celebrates the achievements of the division, the support dedicated to the success of students, and the continuing challenges the division successfully overcomes.

The Spring Semester is filled with engaging activities, championship level club athletics and continued support of the student success, we look forward to our first student leadership. In addition, we welcome the public Safety to the division!

James Sciuto

James Sciuto, Ed.D
Interim Vice President for Student Life

COMMUNITY
WELLNESS
ENGAGEMENT

FALL

2022

DIVISION TEAM MEMBERS

Professional and Part-time Staff

Alexandra Bibby	Housing Manager, Housing & Dining
Anika Anderson	Programs and Operation Coordinator, Campus Recreation
Ann Hassett	Registered Nurse, Health Center
Br Thomas Jones	Staff Psychologist, CAPS
Brian Middleton	Director of Housing Operations & Auxiliary Services, Housing & Dining
Calvin Monroe	Assistant Dean of Students, Community Life
Carnetta Porter	Staff Therapist AA/Black Student Focus, CAPS
Cynthia Cutshall	Associate Director of Clinical Services and Operations/Outreach Coordinator, CAPS
Dai To	Assistant Vice President for Wellness & Director, Counseling and Psychological Services
Erin Perkins	Interim Medical Director, Health Center, Health Center
Heidi Tend	Office Manager, CAPS
James Sciuto	Interim Vice President for Student Life
Jennifer Berten	Registered Nurse, Health Center
Jennifer Herzog	Assistant Vice President for the SMC Experience
Jennifer Panish	Staff Psychologist/Training Coordinator, CAPS
Jeremy Penaflor	Director of Recreational Sports, Club Athletics
Joseph Fielding	CAPS MFT/PCC Trainee, CAPS
Justin Traille	Athletic Trainer for Club Athletics, Club Athletics
Karina del Rio	Program Coordinator in Student Involvement & Leadership, SIL
Kristen Freeman	Staff Therapist, CAPS
Legacy Lee	Director of Intercultural Center, IC
Lindsey Nakashima	Director of Club Athletics, Club Athletics
Lora Dungo	Administrative Assistant, Health Center
Lori Umidon	Member Services & Facility Operations Manager, Campus Recreation
Megan Gallagher	Director of Campus Assault Response & Education, CARE
Molly Schmidt	Administrative Assistant, SIL
Rebecca Harper	Exec Dir for Strategy, Planning & Operations/ Director of Campus Recreation
Samantha Alberto	Director of Residential Experience, Residential Experience
Shaleda Newson	CAPS MFT/PCC Trainee, CAPS
Sharon Sobotta	Director of Center for Women & Gender Equity, CWGE
Thomas Perry	Club Athletics Operations Manager, Club Athletics
Travis Mason	Associate Dean of Students & Director of Community Life, Community Life

The departure of the Vice President for Student Life at the end of the Fall Semester exacerbated the vacancies within the division, as over 10 positions remain unfilled including Dean of Students, Medical Director, Director of Student Involvement & Leadership, and Assistant Director of Intercultural Center. Staff within the division continue to work at an incredible level to maintain support and services for students.



ENGAGEMENT

Student engagement and co-curricular programming were a focus of the division during the fall semester. The department of Student Involvement & Leadership entered the semester with no permanent staff members, allowing an opportunity to rethink its purpose and refocus the direction of the department. Two temporary staff members and a student programmer were hired to reinvigorate programming and student driven programs, increasing the number of programs offered by the College and replenishing student government. Other engagement initiatives included a Dean of Students' fall 'challenge,' encouraging students to participate in campus activities, monthly karaoke and open mic nights, and establishing new opportunities for student leadership.

The current generation of students continues to be impacted by the lingering effects of the pandemic, continued political strife and economic challenges, and impactful national conversations surrounding equity. Counseling services continue to see unprecedented participation, interpersonal challenges continue to impact residential experiences, and caution about getting involved and engaged are examples of these lingering impacts. Services and opportunities continue to adjust to meet these evolving needs. One example has been the implementation of a case manager position focused on supporting students facing adverse circumstances that are impacting their ability to be successful. This position is focused on timely, impactful intervention and speaks to the changing student environment.

There are other students going through the same things as me and I want to join in community to help them and others love our bodies.

- Collective Hours Attendee, IC Program

ENGAGEMENT

31

Major & Large Scale Events

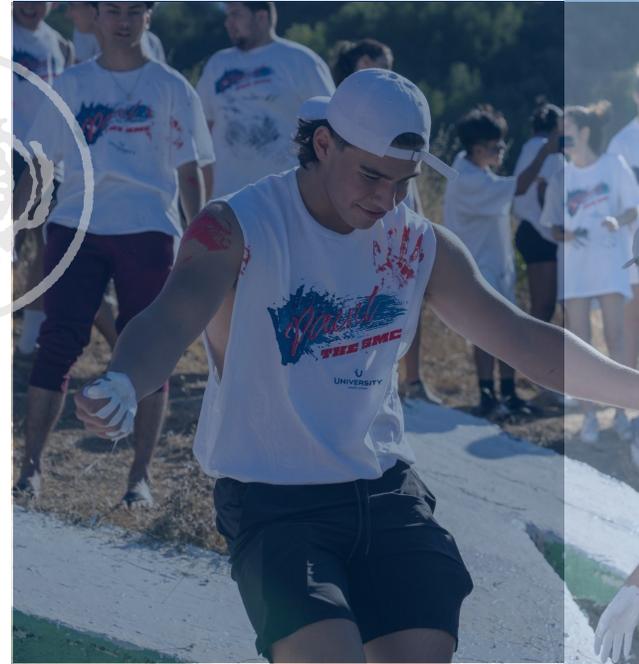
Recurring Weekly

Club Meetings
Club Sport Practices
Feel Good Fridays
Food Truck Fridays
Fitness Classes
Intramurals Sports

#1 Most Interested Event

Brews & Boos Registration

Based on "The Scoop" Newsletter data



8077

ATTENDEES AT ENGAGEMENT OPPORTUNITIES

Program offerings differ in size, type, interest and target audience.

INTERCULTURAL CENTER

Program Highlights

Diversity Dance

150 Attendees

Decompression with Expression

77 Attendees

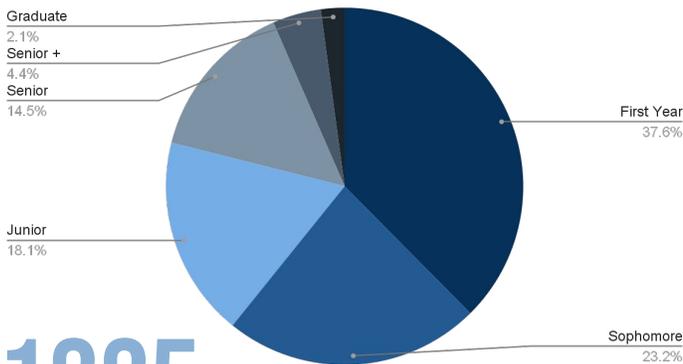
2045

Attendees at Open IC Cafe Hours

HOUSING & RESIDENTIAL EXPERIENCE

Over 62% of all undergraduate students chose to live on campus in the fall. The percentage of rooms occupied were lower than the desired budget outlook, but the 62% of residents was a higher than typical year (meaning, the lower enrollment impacted the number of students available for housing). The switch of foodservice providers seemingly has been a positive change, as students report better quality food in the dining hall. Continuing to develop the retail options is the next step of rebuilding the food program on campus. Partnering with Facilities Services, renovations and updating of Mitty, Becket, and More Halls were completed, welcoming residents back to those buildings in the fall. Additionally, the lounges of these buildings are in the process of renewal, with new furniture pending. The popularity of renovated residence halls (over 95% occupancy) speaks to the need to continue updating and renovating residence halls in order to encourage retention to residential living.

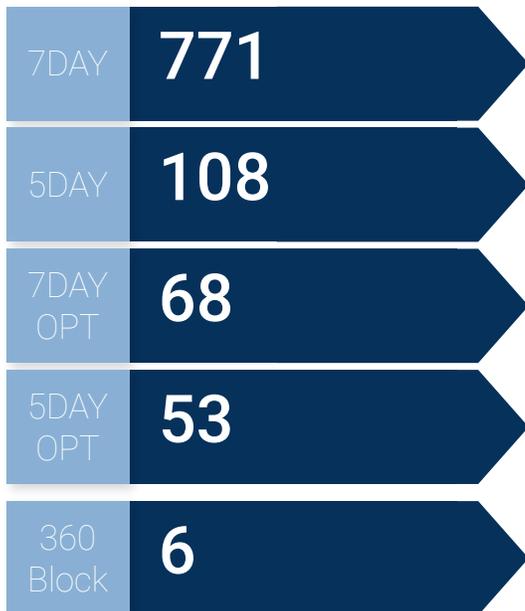
Housing Occupancy



1225
Total Residents



MEAL PLANS



- 76% of meal plans are 7 days a week, which stresses the importance of meal options everyday.
- 30% of housing residents are first year students, which make the first year experience on-campus critical to retention

COMMUNITY
WELLNESS
ENGAGEMENT

HOUSING & RESIDENTIAL EXPERIENCE

STRUCTURE & GUIDANCE

- Resident Advisor Training
- Resident Director Training
- Roommate Agreement Guidance
- Hall Meetings and Engagement Opportunities
- Residence Hall Association

Living Learning Communities

- Honors LLC in Aquinas Hall - Of 71 Honors students, 52 opted to live in Aquinas Hall
- Transfer LLC - 63 Transfer students living on campus

55

Programs & Events



COMMUNITY WELLNESS ENGAGEMENT

CLUB ATHLETICS & CAMPUS RECREATION

The departments of Club Athletics and Campus Recreation have evolved in new ways. The staffing has been restructured to provide more direct support for student club athletic members. Over 300 student club athletes are supported by staff within the department. An important new initiative for supporting club athletes includes converting an unused portion of the recreation center into a training area for club athletes. Additionally, temporary staff were hired to run intramural and programmatic efforts from the recreation center. 9 out of every 10 undergraduate students has utilized the recreation center in the fall.

Team Rosters	# of Rostered Athletes
Baseball	23
Lacrosse, Men's	26
Lacrosse, Women's	19
Rugby, Men's	59
Rugby, Women's	16
Soccer, Men's	46
Soccer, Women's	24
STUNT	19
Tennis, Co-ed	22
Volleyball, Men's	12
Volleyball, Women's	33
Water Polo, Women's	16
Dog Agility	1

Recreation Events & Programs

- WOW Pool Party: 266 attendees (25% increase from 2021)
- First Year Olympics: 175 participants
- 119 Intramural League Participants
- IM Basketball Championship at UCU Pavilion 40 participants & 65 Spectators
- 26 Personal Training & Fitness Sessions participants
- 32 Climbing Wall Participants



300+

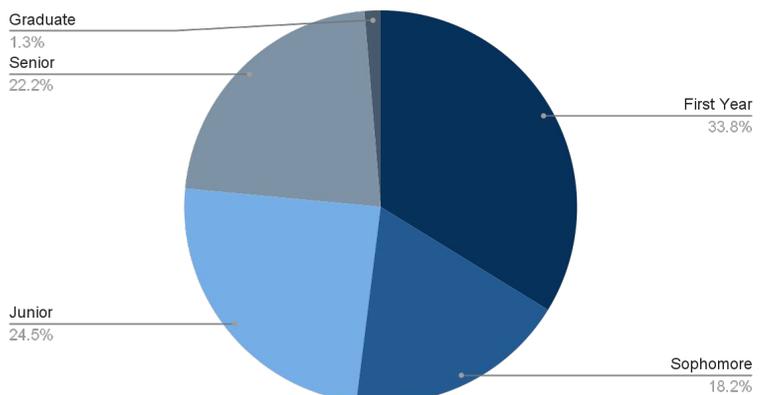
Team Practice & Competitions

15.3% of the Student Population Participates in Club Athletics

34.3% of Club Athletes are first year students.

More than any other class.

Participant Demographics



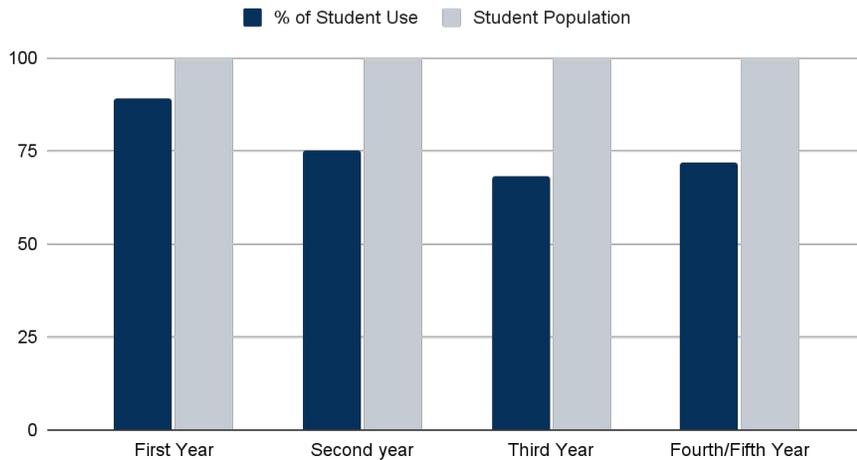
JOSEPH L. ALIOTO RECREATION CENTER

218

Day passes sold for guests of Students

TOTAL VISITS 48,747

Student Use by Class



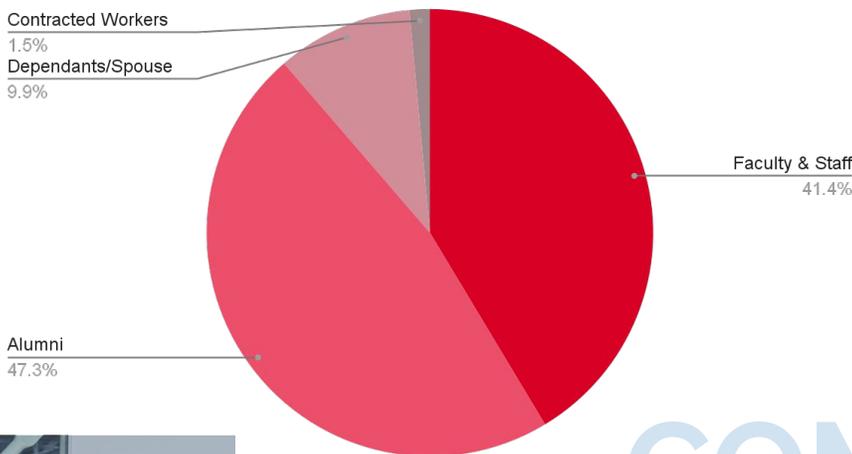
1401

Weekly & Requested Reservations

IMPORTANT HIGHLIGHTS

- 4:00pm is the highest use time Mon-Fri
- 95% of the Student Population has entered the facility
- 93% of member use is by students (57% males & 43% female)
- First year students represent the largest attendance by class at 35% of the population during the first 4 weeks of school and 89% of the First Year Population has entered the facility.

Memberships By Type



COMMUNITY WELLNESS ENGAGEMENT



COMMUNITY

New staffing in the department of Community Life has stabilized the area of student rights and responsibilities. Though actual conduct issues remain minimal, the staff have taken greater roles in managing interpersonal student conflict and concerns over the mental welfare of students. These growing challenges are being supported through the redesign of systems and responses to student issues. The staff of the division continue to prepare and address issues of risk management and are leading voices to support faculty and fellow staff facing challenging student issues.

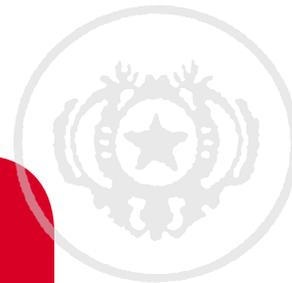
Recognizing the need to serve unique populations of students, staff from the division are leading efforts to reimagine services for veterans, older students, and neuro-diverse students living in residence halls. Over 60 transfer students are participating in the Transfer Living Learning Community this fall, close to doubling the amount of transfers from last year. In addition, a series of programs throughout the first two months were catered towards transfer students, with the goal of increasing their sense of belonging to the campus during the critical first weeks of the semester. The Honors Living Learning Community, reinvigorated through a partnership between Residential Experience and the Honors Program, has close to 80 participants and a redesigned lounge and study area to support residents.

In addition, division staff, in partnership with academic leaders, are redesigning campus-wide First Year Experience and Transfer Experience committees to recommit to support the transition of new students into the College. These committees will also provide the leadership for supporting populations of students who are identified as not being as successful as their peers in persisting at the College.

“I’m going to practice mindfulness of other people’s cultures through listening and self education

- INVEST Attendee

COMMUNITY



79

STUDENT CLUBS & ORGANIZATIONS

Officially Recognized by Student Involvement & Leadership Office

NEW CLUBS

- Comedy Club
- Middle Eastern North African Club
- Real Estate Club
- Rock Climbing Club
- Saint Mary's Competitive Dance Club
- Tech Club
- Theater Club
- Wheel Deals Car Organization



8

Coffee & Community Connection Events

with **400** Attendees

Hosted by The Center for Women & Gender Equity



COMMUNITY WELLNESS ENGAGEMENT

HEALTH & WELLNESS

Collaborating with academic programs continues to be a positive achievement of the division. Counseling & Psychological Services successfully implemented partnerships with the KSOE Counseling Department, to create a field placement opportunity for third-year graduate counseling students who are specializing in Marriage & Family Therapy and Professional Clinical Counseling (MFT/PCC). This new partnership benefits CAPS and the undergraduate population through increased services while providing on site field placement for graduate students within the program. This model of partnership with graduate programs will be a continuing area of growth for the division, as staff have a variety of Saint Mary's graduate students serving in departments including housing/residential life, VPSL office, and sexual assault awareness and education.



I've learned different ways to approach scenarios where people might need help.

- Healthy Relationships Program Attendee

1000+

Appointments supporting students' medical and psychological well-being.

CONTINUED PARTNERSHIP

Food Bank of Contra Costa & Cal Fresh

25

Outreach Events & Programs
Sponsored by CAPS, CARE, & CWGE

TRAININGS FOR OUR COMMUNITY

- MFT/PCC Student Training
- Suicide Awareness & Prevention
- Coaching Boys to Men for Athletic Coaches
- Behind Closed Doors for RA's
- Sexual Violence Prevention
- Healthy Relationships
- Domestic Violence Awareness
- Title IX
- Gender Based Violence
- Intersectionality of Race & Gender

COMMUNITY

WELLNESS

ENGAGEMENT



COMMUNITY WELLNESS ENGAGEMENT

LOOKING AHEAD

Moving forward, the division will be focused on several initiatives. Continuing to improve the engagement experience for students will be a focus. Division leaders are planning a student leadership conference, working to re-establish leadership programs, and continuing to develop a robust calendar of student events. Increasing revenue from housing for the next academic year will require an intentional effort to improve the student living experience. This includes both better promotion of residential living and improving the supporting auxiliaries that students consider as part of their living experience, including dining, retail services, and postal and warehouse services. Most importantly, the division needs to continue to heal from the impact of the drastic loss of staff and budgets and redefine services and programs to better align with current realities. Stabilizing staff, increasing partnerships with campus colleagues, and remaining student-focused will be a priority for the division.





Division of Student Life