



Career Opportunities in Health and Human Performance

Health Promotion & Wellness

- Community Wellness
- Health & Wellness Specialist
- Disease Prevention Activist
- Chronic Disease Health Educator
- Health Promotion Program Coordinator
- Worksite Health Promoter

Clinical

- Cardiac Rehabilitation
- Pulmonary Rehabilitation
- Clinical Dietician
- Clinical Exercise Physiologist
- Exercise Specialist
- Physical Therapy Assistant

Performance & Education

- Sport Nutritionist
- Sport Psychologist
- Strength & Conditioning Coach
- Athletic Trainer
- Teacher (College, K-12)
- Coach
- Personal Trainer

Science & Research

- Exercise Physiologist
- Biomechanist
- Lab Technician
- Sport Nutrition Product Development
- Ergonomist
- Prosthetics Development
- Epidemiologist

The options listed above are only some examples of the careers in Health and Human Performance.

A professional certification and/or graduate education may be required.

Potential Employers in these areas include:

- Public and Private Schools
- Hospitals
- Olympic Training Centers
- City Parks and Recreation Centers
- Health and Fitness Clubs
- Corporate Wellness Facilities
- Amateur and Professionals Sports Teams/Leagues
- Government health departments & agencies

Useful Resources:

- American College of Sports Medicine (ACSM):
www.acsm.org
- American Society of Exercise Physiologists:
www.asep.org
- American Kinesiology Association:
www.americankinesiology.org
- Exercise Jobs:
www.exercisejobs.com
- National Commission for Health Education Credentialing
www.nchec.org