Substance Abuse Treatment Resources

Samsara Recovery Center (Part of the East Bay Mindfulness Center) 23 Altarinda Road #218 Orinda, CA 94563 925-317-3179 For more info call or email Eti Valdez-Kaminsky, MFT-Clinical Coordinator ebmcpsych@gmail.com www.theebmc.com/samsara Provide intensive therapy programs for addictions, trauma, adjustment, adjustment

Provide intensive therapy programs for addictions, trauma, adjustment, and relationship/parenting, and life stagnation

- 90 minute intake
- 9-12 hours per week for 2 weeks, or 4-6 hours per week for 4 weeks
- Aftercare is available

They also have a <u>Mindful Recovery Group</u>, that meets weekly for individuals dedicated to being abstinent and mindful in daily recovery.

John Muir Health

Behavioral Health Center, Inpatient Services 2740 Grant St., Concord, CA 94520 Phone (925) 674-4100 or (800) 680-6555

Behavioral Health Center, Outpatient Services 4080 Port Chicago Highway, Concord, CA 94520 Phone (925) 674-4200

Kaiser Permanente Medical Center

Chemical Dependency Services 710 S Broadway #209 Walnut Creek, CA 94596 925-295-4145