SAINT MARY’S COLLEGE

DIVISION OF STUDENT LIFE

YEAR IN REVIEW 22-23
Example makes a much greater impression on the mind and hearts of the young than do words.

-John the Baptist De La Salle
A Message from Vice President for Student Life

The Division of Student Life had a successful year in supporting the growth and success of Saint Mary's students! The Division intersects at multiple points of a student's journey at Saint Mary's. With areas that promote students' living experiences, wellness, and engagement, Student Life accompanies students on their academic and co-curricular journey at Saint Mary's. The Division of Student Life creates a sense of belonging, offers participatory opportunities, and encourages students to contribute back their talents. Departments within Student Life include Campus Assault, Response, and Education (CARE), Campus Housing, Club Sports, Community Life, Center for Women & Gender Equity, Counseling and Psychological Services, the Dean of Students, Intercultural Center, New Student & Family Programs, Public Safety & Transportation, Recreational Sports, Student Involvement and Leadership, and the Student Health Center.

I am extremely humbled and honored to have been named the next Vice President for the Division of Student Life. As an alum of Saint Mary's, it is a privilege to be leading a team of departments that had such a great impact on my Gael experience. So many of my lasting memories were related to the experiences, leadership opportunities, support, and guidance I received from the departments within the division. And, as importantly, I remember the immense fun I had participating in intramurals, going to club events, living in the residence halls, and participating in various activities. It is extremely gratifying to now be able to pass those experiences on to our current and future students.

The 2022-2023 academic year was highlighted by the growth and development of student initiatives. A successful first-time student leadership conference was attended by well over 125+ students. Popular spring events such as the spring concert, carnival, mom's and mimosas, and weekly food trucks drew huge crowds. A stadium full of supporters watched Gael rugby compete in the national quarterfinals. As students are reengaging with the campus, involvement is growing. The Associated Students, the advocacy voice of students' at Saint Mary's, had all of their positions filled during elections for the first time in years. The staff of the division worked tirelessly to invest in student experiences and lay a foundation for which we look forward to building upon for the coming year.

As we prepare for the coming year, we are also committed to the sustained health of our students. Our counseling services continue to see unprecedented numbers of students and provide further advocacy for mental wellbeing. Our health center continued to tackle the challenges of the pandemic and has begun meeting with students to discuss the expansion of hours and opportunities for service. Students participated in numerous fitness classes and intramurals to keep their bodies active and healthy. The lived experience of our students will be positively impacted by a revitalized transportation and parking plan, while dining services will be providing students with exciting opportunities throughout campus.

More than 60% of undergraduate students lived on campus in the last academic year, the highest percentage of residential students in the past 10 years. An expected 66% of students will be living on campus for the coming year, with renovated halls welcoming students and residential staff providing continuing programs and activities. Commuter students will be able to fully enjoy the commuter lounge and extended hours at retail spaces will create a better campus environment.

As I reflect on the successes of the past year, I eagerly anticipate what will be a defining year for the Division of Student Life. Building upon the fantastic events and traditions of years past, our amazing staff is planning new student initiatives and programs to continue to define the narrative on what campus life means at Saint Mary's. The talented staff of the various programs of the Division are eagerly anticipating the coming year and, in partnership with our students, continuing to drive the lived experience, engagement, and wellness of the student life at Saint Mary's. On behalf of our hard-working, passionate staff, we thank you for exploring all that Student Life provides!

James Sciuto, Ed.D.
Interim Vice President for Student Life
HIGHLIGHTS OF 2022 - 2023

**RENOVATED HALL SPACES**
Mitty, Becket, and More halls all re-opened after extensive renovations. A new commuter lounge was created in De la Salle Hall and several lounges and residential spaces have new furniture.

**TEAL OUT EVENT**
Inaugural Teal Out collaborative event with involvement of over 1000 students, faculty & staff that increased sexual assault awareness and education.

**MEAL PLAN SATISFACTION**
New food vendor Good Eating Company increased satisfactory food services to students, which increased the meal plan participants.

**RECREATION CENTER**
15% increase in usage by Members compared to 21-22.

**CULTURAL NIGHT SHOWCASE**
Showcasing historical milestones, customs, and contemporary issues through spoken word, theatrical, music and dance. This even drew an audience over 300.

**STUDENT LEADERSHIP SUMMIT**
Student Leadership conference with over 150 students who were introduced to being a leader as well as advanced topics such as facilitating difficult conversations.
Promoting a campus culture of care, safety, and respect for all persons.

One-on-one Support  
Advising Support for Student Groups

APRIL — Sexual Assault Awareness Month

Teal ribbons were put up by Saint Mary’s CARE Center, which stands for Campus Assault Response and Education, and the Student Coalition Against Abuse and Rape.

500+ PARTICIPANTS

- Self Defense Class
- Donuts for Denim
- Cupcakes for a Cause
- Blue Jean Mile
- Take Back the Night
- Bystander Intervention Training

5040 Volunteer Hours
24/7 CARE Line

1000+ TEAL OUT EVENT PARTICIPANTS

Increasing sexual violence awareness and education.

Students, staff, players, coaches, and fans all had an opportunity to show their support in a variety of ways. In the UCU Pavilion lobby, students were able to pick up a teal T-shirt while all fans had the chance to stop by the information table and speak with SMC students to learn more about the topic as well as resources offered at Saint Mary’s.
Living on Campus is one of the most exciting experiences college has to offer. Students have the opportunity to socialize with peers, learn life-long skills, and create memories that last long past graduation.

**Available Housing Occupied**

- **79%**

**967 Meal Plans**

- **754** 7DAY
- **101** 5DAY
- **68** 7DAY OPT
- **37** 5DAY OPT
- **7** 360 Block

**Percentage of Student Population Living on Campus by Group**

- **FIRST YEAR**: 99%
- **SOPHOMORE**: 62%
- **JUNIOR**: 34%
- **SENIOR +**: 22%
- **GRADUATE**: 3%

**Housing Residents by Year**

- 2020: 0
- 2021: 500
- 2022: 1000
- 2023: 1500
CAMPUS RECREATION

2023 FYO CHAMPS
AQUINAS

FITNESS CLASS PARTICIPANTS
668

SPECIAL EVENT ATTENDEES
631

INTRAMURAL PARTICIPANTS
339

Outdoor Equipment Rentals

76
Student Employees
- Student Coordinator
- Facility Supervisor
- Lifeguard
- Facility Services Attendant
- Intramural Official
- Intramural Scorekeeper
- Fitness Instructor
- Climbing Wall Instructor
- Photographer
CWGE
Center for Women and Gender Equity

CWGE utilizes a collaborative, strength-based approach in supporting and advocating for students, promoting gender equity and inclusion.

790+
Participants in the Coffee & Connections Weekly Events

“Since starting my time as a Student Specialist in the CWGE, I’ve gained invaluable experience in everything from general communication to the practice of radical hospitality.”

- Amaya Banaja, Class of 2026

A Message from Sharon Sobotta -
Director of the Center for Women & Gender Equity

We’ve been exploring the weight of words and the degree to which words matter with this year’s CWGE team. Students have started questioning the ways in which words are used in binary ways on things that aren’t always obvious. We prompted students to observe everyday language and see what sticks out for them and imagine the ways it might impact our ways of thinking about race/gender.
Club Athletics

We empower our students to engage one another by learning, practicing, building lifelong friendships, and competing on and off campus.

1022

Team Practices: Turf Field, Pat Vincent Field & Rec Center

154

Competition Events: Home & Away

<table>
<thead>
<tr>
<th>Team Rosters</th>
<th># of Rostered Athletes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baseball</td>
<td>23</td>
</tr>
<tr>
<td>Lacrosse, Men’s</td>
<td>26</td>
</tr>
<tr>
<td>Lacrosse, Women’s</td>
<td>19</td>
</tr>
<tr>
<td>Rugby, Men’s</td>
<td>59</td>
</tr>
<tr>
<td>Rugby, Women’s</td>
<td>16</td>
</tr>
<tr>
<td>Soccer, Men’s</td>
<td>46</td>
</tr>
<tr>
<td>Soccer, Women’s</td>
<td>24</td>
</tr>
<tr>
<td>STUNT</td>
<td>19</td>
</tr>
<tr>
<td>Tennis, Co-ed</td>
<td>22</td>
</tr>
<tr>
<td>Volleyball, Men’s</td>
<td>12</td>
</tr>
<tr>
<td>Volleyball, Women’s</td>
<td>33</td>
</tr>
<tr>
<td>Water Polo, Women’s</td>
<td>16</td>
</tr>
<tr>
<td>Dog Agility</td>
<td>1</td>
</tr>
</tbody>
</table>

15.3% of the Student Population Participation

$72,220 expenses paid out of pocket by Students
96% of Students who used clinical services reported it supported their continued enrollment at SMC

**FALL 2022 CLINIC VISITS**
- 481

**JANUARY & SPRING 2023 CLINIC VISITS**
- 795

**WORKSHOPS**
- Coaching Leadership, Equity & Respect: training for male athletes
- Paint Your Mood
- 44 Days Mental Health Series
- Calling all Introverts

**TRAININGS**
- Mental Health related training for students, staff and faculty
- Master’s Level Students
- QPR for RA’s & HP Mentors
- “Behind Closed Doors”

**OUTREACH**
- Wellness Fair
- Faculty Toolkit for Creating a Community of Care
- CAPS Open House
- Send Suicide Packing Lawn Display
- Yellow Tulip Planting Project
- Affirmation Jars
- Care Grams
- Safe Spring Break

**TOTAL REACH OF PARTICIPANTS**
- 883
INtercul tural Center

Striving to create a safe and supportive learning environment that values diversity and builds an inclusive community.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Participants</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>FEEL GOOD FRIDAYS</td>
<td>418</td>
<td>Hosted in collaboration with DOC orgs, HP program, and IC staff</td>
</tr>
<tr>
<td>COLLECTIVE HOUR</td>
<td>175</td>
<td>Affinity based spaces hosted by IC’s Social Justice Advocates</td>
</tr>
<tr>
<td>INVEST</td>
<td>122</td>
<td>Hot topic discussions facilitated by IC’s Social Justice Advocates.</td>
</tr>
</tbody>
</table>

34% Student Population involvement which is an increase of 2% from 2021-2022.

<table>
<thead>
<tr>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fac Chats</td>
</tr>
<tr>
<td>Decompression with Expression</td>
</tr>
<tr>
<td>Cultural Night Showcase</td>
</tr>
<tr>
<td>Cultural Graduation Celebrations</td>
</tr>
<tr>
<td>Diversity Retreat</td>
</tr>
<tr>
<td>Diversity Dance</td>
</tr>
<tr>
<td>Trans Talk Panel</td>
</tr>
</tbody>
</table>

Participants in Special Events: 780

2945 Hours worked

13 IC Student Employees

IC Cafe Visits: 3976
Visits by members

106,510
Increase of 15% from 2021-2022

Monthly Visits

Student Population by class year who use the Recreation Center

- 96% First Years
- 93% Sophomore
- 89% Juniors
- 98% Seniors +
- 28% Graduates

INDIVIDUALS VISITED FOR A TOUR 6384
FACILITY RESERVATIONS 1779
NON-STUDENT MEMBERS 1109

Student Guests 597
NSFP

New Student & Family Programs

Dedicated to providing a seamless transition into the campus community for new students and their families through programs, resources and outreach.

THE SCOOP
Newsletter

20 Weekend of Welcome Events
63 WOWies
4 Orientation Sessions
15 Orientation Leaders

FAMILY NEWSLETTER

2669 Participants
681 Guests
8741 Participants
Top Clicked Link
Finals Schedule
Public Safety & Transportation

The department of Public Safety and Transportation is positioned to touch every aspect of our campus. We recently joined the Student Life Division, creating new partnerships, and putting us in closer to our student community. We provide an array of services to support students, staff, faculty, administration, and visitors.

Safety Services for Our Campus

- Patrolling the campus.
- Staffing the front kiosk at the main road to monitor traffic and provide help. The kiosk serves as our dispatch center.
- Responding to requests for assistance for lock outs, opening up rooms on campus, to provide support to Resident Advisors, and for traffic or parking related issues.
- Locking up all buildings at night and unlocking them during the day.
- Supporting events on campus to provide support and a safe atmosphere.
- Managing the SMC Lyft and County Connection bus programs.
- Responding to calls for assistance.
- Serving as the connection for local police and fire.
- Responding to fire and burglar alarms on campus property, to include the Rheem Campus.
- Enforcing parking violations and coordinating parking for events.

Most Common Requests

- Unlock Requests: Housing & Campus - 2240
- Parking Detail - 509
- 11,183

2022 - 2023 Calls & Responses

Public Safety provided services for 19 Men’s Basketball games with security, attended numerous campus events to participate and show a presence, and in total. Incidents included responding to calls for service, checking on alarms, aiding students, checking on 911 calls, providing foot and mobile patrols, providing escorts, and maintaining a presence at the kiosk for visitors at the front gate.

Message from Manjit Sappal - Executive Director of Campus Safety and Transportation

All our efforts are community focused and we strive to be good partners with our campus community. Other highlights this year included promoting Lyla Lauren to the rank of Lieutenant – she is the first woman, and woman of color, to be appointed to this position. We also recognized the promotion of Sergeant Arlo De Guzman for attaining this rank.
RESIDENTIAL EXPERIENCE

Creating a home for students by developing a safe, engaging, and inclusive environment that supports residential student learning and emphasizes personal and social responsibility.

STRUCTURE & GUIDANCE

- Resident Advisor Training
- Resident Director Training
- Roommate Agreement Guidance
- Hall Meetings and Engagement Opportunities
- Residence Hall Association

LIVING LEARNING COMMUNITIES

- Honors LLC in Aquinas Hall - Of 71 Honors students, 52 opted to live in Aquinas Hall
- Transfer LLC - 63 Transfer students living on campus

Programs & Events

55
We embrace the diversity of our patient population and the community we serve with respect and understanding.

1079 Total Patient Clinic Visits

- April - June 2023: 150 visits
- January - March 2023: 370 visits
- October - December 2022: 419 visits
- July - September 2022: 140 visits

110 Travel Health Visits

Travel Vaccine Requirements
Jan Term 2023 & Spring 2023

Integration
- New Student Health Insurance system
- Food Insecurity Screening
- Department Name Update: Health Center
- Implementation of vaccine verification service.

Partnerships
- Wellness Fair
- Food Bank of Contra Costa
- CalFresh Collaboration
- CAPS Stress Management Fair

Continued Care
- TB Screening for JumpStart Program
- Vaccine Approvals
- Incoming Student Requirements
Student Involvement & Leadership

Providing leadership opportunities for students to gain experience managing events, programs and services for their peers. SIL is the administrative support office for over 50 student organizations.

686
Student Events

1000+
CAB Carnival Attendees

2400
Food Vouchers for Students

STUDENT LEADERSHIP SUMMIT

This conference sponsored by Student Life hosted more than 150 students who participated in breakout sessions on topics ranging from introduction to being a leader to advanced topics such as facilitating difficult conversations. The keynote speaker, Mr. David Holquin, is a former Associated Students President shared how becoming a student leader at SMC has shaped his life.

Finding a Leader Within
Our Team

2022-2023 Professional Staff

Aaron Gibson Associated Director for Public Safety
Alexandra Bibby Housing Manager, Housing & Dining
Anika Anderson Programs and Operation Coordinator, Campus Recreation
Ann Hassett Registered Nurse, Health Center
Arlo De Guzman Sergeant, Public Safety
Br Thomas Jones Staff Psychologist, CAPS
Brian Middleton Director of Housing Operations & Auxiliary Services, Housing & Dining
Calvin Monroe Assistant Dean of Students, Community Life
Carnetta Porter Staff Therapist AA/Black Student Focus, CAPS
Cynthia Cutshall Associate Director of Clinical Services and Operations/Outreach Coordinator, CAPS
Dai To Assistant Vice President for Wellness & Director, Counseling and Psychological Services
Erin Perkins Interim Medical Director, Health Center, Health Center
Giselle Perez Public Safety Officer
Heidi Tend Office Manager, CAPS
James Sciuto Interim Vice President for Student Life
Jeff Russo Sergeant, Public Safety
Jennifer Berton Registered Nurse, Health Center
Jennifer Herzog Assistant Vice President for the SMC Experience
Jennifer Panish Staff Psychologist/Training Coordinator, CAPS
Jeremy Penaflor Director of Recreational Sports, Club Athletics
Joseph Fielding CAPS MFT/PCC Trainee, CAPS
Justin Traille Athletic Trainer for Club Athletics, Club Athletics
Karina del Río Program Coordinator in Student Involvement & Leadership, SIL
Kimiya Shokri Assistant Director of Delphine Intercultural Center, IC
Kristen Freeman Staff Therapist, CAPS
Legacy Lee Director of Delphine Intercultural Center, IC
Lila Lauren Lieutenant, Public Safety
Lindsey Nakashima Director of Club Athletics, Club Athletics
Lora Dungo Administrative Assistant, Health Center
Lori Umidon Member Services & Facility Operations Manager, Campus Recreation
Manjit Sappal Executive Director for Public Safety
Megan Gallagher Director of Campus Assault Response & Education, CARE
Molly Schmidt Administrative Assistant, SIL
Nolan Puglisi Public Safety Officer
Rebecca Harper Exec Dir for Strategy, Planning & Operations/ Director of Campus Recreation
Ronn Peterson Public Safety Officer
Samantha Alberto Director of Residential Experience, Residential Experience
Scarlett Salaverria Public Safety Officer
Shaleda Newson CAPS MFT/PCC Trainee, CAPS
Sharon Sobotta Director of Center for Women & Gender Equity, CWGE
Sean Alexander Sergeant, Public Safety
Themis Lonis Public Safety Officer
Thomas Perry Club Athletics Operations Manager, Club Athletics
Thomas Westbrook Public Safety Officer
Travis Mason Associate Dean of Students & Director of Community Life, Community Life