

Counseling Department, Kalmanovitz School of Education, Saint Mary's College

General Counseling
Plan of Study - 48 units
3-Year Coursework Schedule

Year 1: FALL

TOTAL UNITS: 48

| | | | |
|------|-----|---|---|
| COUN | 600 | Introduction to Counseling Research | 1 |
| COUN | 601 | Counseling Skills I (6 Saturdays, 10 to 5, alternating with 6 2-hour Training Group Sessions) | 3 |
| COUN | 604 | Theories of Counseling | 3 |

Year 1: SPRING

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|------|-----|--|---|
| COUN | 602 | Counseling Skills II (Saturdays, 10 to 5, alternating with 6 2-hour Training Group Sessions) | 3 |
| COUN | 621 | Human Development & Family Relationships | 3 |
| COUN | 603 | Personal & Professional Development of Counselors | 3 |

Year 1: SUMMER

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|------|-----|---------------------------|---|
| COUN | 612 | Human Sexuality | 1 |
| COUN | 613 | Alcohol & Substance Abuse | 2 |

Year 2: FALL

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|------|-----|---|---|
| COUN | 611 | Law, Ethics, & Values | 3 |
| COUN | 605 | Issues in Intercultural Counseling & Social Justice | 3 |

Year 2: JAN TERM

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|------|-----|--------------------------------------|---|
| COUN | 713 | Psychological Perspectives of Gender | 2 |
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Year 2: SPRING

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| COUN | 622 | Group Theory & Practice | 3 |
| EDUC | 772 | Research Seminar I | 3 |

Year 2 SUMMER

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|------|-----|-----------------------------|---|
| COUN | 797 | Counseling Exam Preparation | 3 |
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Year 3: FALL

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|------|-----|------------------------------------|---|
| COUN | 794 | Counseling Field Experience HESA | 3 |
| COUN | 620 | Psychological Testing & Assessment | 3 |

Year 3: SPRING

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|------|-----|---------------------------------------|---|
| COUN | 791 | Counseling Field Experience MFT/PCC | 3 |
| COUN | 610 | Career Counseling | 3 |
| COUN | 799 | Counseling Master's Project or Thesis | 3 |

(For the Counseling Exam, take 797 instead.)

*COUN 797 or 799, not both