**Student Life:** Accompanying Saint Mary’s students on their academic and co-curricular journey by supporting their wellness, providing quality lived experiences, and encouraging engagement.
The Division of Student Life had a successful fall semester in supporting the growth and success of Saint Mary’s students! Student Life staff intersects at multiple points of a student’s journey at Saint Mary’s. With areas that promote students’ living experiences, wellness, and engagement, Student Life accompanies students on their academic and co-curricular journey at Saint Mary’s. The Division of Student Life creates a sense of belonging, offers participatory opportunities, and encourages students to contribute back their talents. Departments within Student Life include Campus Assault, Response, and Education (CARE), Campus Housing, Community Life, Center for Women & Gender Equity, Counseling and Psychological Services, the Dean of Students, Intercultural Center, New Student & Family Programs, Campus Safety & Transportation, Campus Recreation & Club Sports, Residential Experience, Student Involvement and Leadership, and the Student Health Center.
The fall semester was highlighted by increased participation, the establishment of new programs and initiatives, and the increased usage of critical student campus resources. The new Student Enhancement Fee created lasting memories for students and improved their campus experience. Two new fall events, Fall Fest, which included a concert, hypnotist, and DIY activities, and Winter Fest, highlighted by ice skating under the Chapel, drew hundreds of students. Campus Recreation re-established their outdoor adventure programs, taking students river rafting, to the Monterey Bay Aquarium, and horse-back riding, just to name a few. A wellness initiative brought students opportunities to participate in meditation, fitness classes, and healthy habits workshops. Partnerships between CARE, Athletics, and Club Sports drew over 400 students to the first fall ‘Teal Out’ (sexual violence awareness) sports day. Students were drawn to the pool's new furniture and enjoyed enhanced experiences for welcome events and various fairs. The Enhancement Fee brought over 50 new fall programs to the campus!

Ensuring students’ minds, bodies, and souls are nourished is important work of our staff. The Student Health Center had close to 1,000 clinical visits. Counseling services, with a 37% increase in total appointments, served over 10% of the undergraduate population. The first full-time athletic trainer dedicated to Club Sports served over 100 students and provided over 800 sessions. Campus Safety & Transportation unveiled a new emergency management system, GaelSafe, and upgraded its parking system, in addition to hosting an active shooter training day with local emergency responders. Various divisional departments sponsored events and provided resources to students impacted by violence around the world.

Student leadership and engagement continues to build momentum. The Associated Students (student government) planned and executed their first off-campus leadership retreat in over 10 years and had all of their positions filled for the first time in over 5 years. One in four students participated in student-driven Intercultural Center events such as Feel Good Friday. Weekly events emanating from the CWGE drew over 400 participants from around campus. Clubs and organizations hosted over 250 events in the fall!

The departments within Student Life also made strides in serving graduate students. The Student Health Center and Counseling & Psychological Services both now offer their important resources to graduate students. Over 20% of all graduate students utilized the recreation center and graduate students attended various campus events.

I eagerly anticipate the upcoming spring and the bountiful programs and initiatives that are planned. With over 15 new staff having joined our Division since summer, it is humbling to see the dedication and passion of our staff and their commitment to providing a positive experience for our students! We are fully committed to continuing to drive towards a more positive lived experience, greater engagement, and continued wellness of all of our students. We thank you for exploring all that Student Life provides!

James Sciuto Ed. D
Vice President for Student Life
Over 5500 participants in special events.

Special events are considered unique gatherings on or off campus that occur one time during the academic year with a focus of school spirit, belonging or community building. Special events hosted by Student Life involve cross-collaborations and various contributing sources.

A Day In Monterey Bay
Battle of the Halls
Casino Night
Club Sport Home Competitions
Decompression with Expression
Diversity Dance - Masquerade
Diwali Festival of Lights
Fac Chats: Dr Kameeka Kitt -Hopper
Fall Fest
Fall Sports Teal Out
First Year Olympics
Glow Fitness
Homecoming Dance
Horseback Riding at Half Moon Bay
Invest: Is Barbie Kenough?
Invest: Let's get to the Root!
Involvement Fair
Oktoberfest
Stress Management Fair
Vintage Fair Field Trip
Wellness Fair
White Water Rafting
Winter Fest
Student Life supports a students’ successful journey at SMC with workshops and facilitated programs by professionals to create an opportunity for students to connect with others about topics and interests across campus. The offerings of these type of activities are essential to the growth and development of student leaders, group dialogue, conflict resolution and community building. At times the facilitations provides a space to offer discussion around sensitive and challenging topics. In addition, programs that focused on well-being help students navigate college life.

<table>
<thead>
<tr>
<th>Type of Workshops</th>
<th>Number of Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activism/Artivism</td>
<td>389</td>
</tr>
<tr>
<td>Community Building</td>
<td>450</td>
</tr>
<tr>
<td>Self Care</td>
<td>207</td>
</tr>
</tbody>
</table>

I learned that speaking up about a situation is not a bad thing if it means you’re impacting and changing someone’s life. Also the many resources we have on campus and off campus that we can go to if we need help or to seek help for someone.

-Healthy Relationships Attendee

Affirmation Jars
Balanced Bites
Barbie Viewing at Rheem Theatre
Beyond Our Silhouettes
BIPOC Bodies on the Border
Caring for yourself and Others
Catalina Torres Night to Remember
Consent Workshop
Dia de los Muertos Inspired art with Lucia
Diversity Retreat: The DAY We Begin
Halloween Candy Hunt
Healthy Relationships
Imposter Syndrome: Collective Hour
Locker Room Talk
Lucia Gonzales Ippolito-Muralist
Mid-Term Massage Therapy
One Love Workshop
Paint your Mood
Performance Plates
Pet Therapy
Pillow Time
Post Screening Barbie Discussion
Pre-reception for Lamorinda based students
QPR Training Suicide Prevention
Queer Thoughts: Collective Hour
Screening and discussion of ‘Rebel Hearts’
Screening of ‘A Song for Cesar’
Survivors and Resilience
World Peace Day
Yoga & In(tensions)
Intentional engagement is a component of Student Life that reflects on the ways a student at SMC participants or attends programs and services by taking the first step with self initiation. These services often involve dedicated and regular operating hours or consistent weekly programming.

**Social Engagement Opportunities | Fall 2023**

<table>
<thead>
<tr>
<th>Event</th>
<th>Attendees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feel Good Friday</td>
<td>419</td>
</tr>
<tr>
<td>Coffee &amp; Communities</td>
<td>400</td>
</tr>
<tr>
<td>Residential Engagement</td>
<td>338</td>
</tr>
<tr>
<td>Test Your Luck</td>
<td>100</td>
</tr>
</tbody>
</table>

**Active Lifestyle Engagement**

- **Recreation Center Reservations**
  - 2360 reservations made by Student group, Club or Organization requests for rooms in the rec center.

- **Intramural Sports**
  - 89 Participants in 63 games involved in weekly intra-campus sports

- **Fitness Classes**
  - 882 participants in weekly fitness classes taught by professionals.

- **Club Sport Practices**
  - 254 Scheduled weekly practices for Club Sports in the Rec Center, Turf Field and/or Pat Vincent Field.
The intentional engagement requires the student to self invest to these services specifically targeted to their success. Throughout their journey at SMC these programs make an impact on their positive experience.

<table>
<thead>
<tr>
<th>Cupcakes for a Cause</th>
<th>Domestic Violence Awareness Ribbons &amp; Signs</th>
<th>ID Card Distribution</th>
<th>Send Suicide Packing</th>
</tr>
</thead>
<tbody>
<tr>
<td>Military Trauma Support</td>
<td></td>
<td>876</td>
<td>100</td>
</tr>
<tr>
<td>Tulip Planting Project</td>
<td>Food Insecurities Screening</td>
<td></td>
<td></td>
</tr>
<tr>
<td>500 Bulbs</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Health & Wellness Services**

- Advice Nurse
- Advocacy Support
- Athletic Training
- CARE Support
- Counseling Services
- Health Travel Visits
- Graduate Student Visits
- TB Screening
- Title IX Support

![Bar chart showing Health & Wellness Services](chart.png)

**August - December 2023**

- 850 CAPS Appointments
- 843 Athletic Training Appointments
- 750 Clinical Appointments

**Attendance by Facility Each Month**

<table>
<thead>
<tr>
<th>Location</th>
<th>August</th>
<th>September</th>
<th>October</th>
<th>November</th>
<th>December</th>
</tr>
</thead>
<tbody>
<tr>
<td>Intercultural Center (Delphine Lounge)</td>
<td>261</td>
<td>907</td>
<td>896</td>
<td>765</td>
<td>259</td>
</tr>
<tr>
<td>Joseph L. Alioto Recreation Center</td>
<td>8,084</td>
<td>15,256</td>
<td>13,765</td>
<td>9,844</td>
<td>4,573</td>
</tr>
</tbody>
</table>
5.8% Housing Occupancy Increase

Housing Classifications

<table>
<thead>
<tr>
<th>Classification</th>
<th>Number of Residents</th>
<th>Increase/Decrease from FA 2022</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Year</td>
<td>499</td>
<td>12%</td>
</tr>
<tr>
<td>Sophomore</td>
<td>319</td>
<td>15%</td>
</tr>
<tr>
<td>Junior</td>
<td>189</td>
<td>-12%</td>
</tr>
<tr>
<td>Senior/Senior+</td>
<td>231</td>
<td>10%</td>
</tr>
<tr>
<td>Graduate</td>
<td>12</td>
<td>-52%</td>
</tr>
<tr>
<td>Transfer/Exchange</td>
<td>65</td>
<td>2%</td>
</tr>
</tbody>
</table>

87% total housing filled with an increase of 87 students living on campus compared to Fall 2022.

Residential Support

For every 24 students, there is one RA/ RD in place for housing support.

Meal Plans

<table>
<thead>
<tr>
<th>Meal Plan</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 Day Meal Plan</td>
<td>902</td>
</tr>
<tr>
<td>5 Day Meal Plan</td>
<td>204</td>
</tr>
<tr>
<td>175 Block Meal Plan</td>
<td>57</td>
</tr>
<tr>
<td>75 Block Meal Plan</td>
<td>172</td>
</tr>
<tr>
<td>Total Meal Plans</td>
<td>1335</td>
</tr>
</tbody>
</table>

23.8% Increased Meal Plans from FA 2022
Clubs, organizations and living communities on campus provide students the opportunity to participate in structured groups that have common interests with fellow classmates.

<table>
<thead>
<tr>
<th>Category</th>
<th>Number of Clubs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Academic Based Clubs</td>
<td>8</td>
</tr>
<tr>
<td>Club Sports</td>
<td>15</td>
</tr>
<tr>
<td>Cultural Clubs</td>
<td>6</td>
</tr>
<tr>
<td>Diversity Organization Council</td>
<td>10</td>
</tr>
<tr>
<td>Governance/Council</td>
<td>4</td>
</tr>
<tr>
<td>Faith Based Clubs</td>
<td>2</td>
</tr>
<tr>
<td>Gaming/ESports</td>
<td>4</td>
</tr>
<tr>
<td>Philanthropic &amp; Self Care Clubs</td>
<td>8</td>
</tr>
<tr>
<td>Pre-Professional Clubs</td>
<td>14</td>
</tr>
<tr>
<td>Recreational Sports</td>
<td>6</td>
</tr>
</tbody>
</table>

Highest Participant Percentages by Grade.

- **52%**: 52% of Club & Organization participants are Seniors.
- **36%**: 36% of Club Sport participants are First year Students.

Total Students Participate in Clubs & Orgs: **812**

95 : 1746

Ninety-five student organization led events with 1,745 attendees.

### Living & Learning Communities

We have three living and learning communities on campus. Honors LLC which is housed on Aquinas Hall with 45 participants. Our STEM LLC resides in Assumption Hall with 18 members and our Transfer LLC is in Marjorie David Ageno B Hall with 20 residents.

Living & Learning Residents: **83**
Ensuring student safety and well being is an integral part of the work of the division of Student Life. It is also important that students understand the importance and value of living and learning in a community in which all members respect one another, and are accountable to the policies and practices that ensure a healthy and safe community. The Office of Campus Safety, the Office of Community Life, the Outreach, Referral, and Behavioral Intervention Team (ORBIT) and BIRT (Bias Incident Response Team) all work toward these goals through a variety of services, programs, and outreach. During the fall semester of 2023 a review and audit of practices have allowed for the departments to better position themselves to improve support and enhance services. Collaborations within the department and across campus are essential to crisis management, navigating conflict resolution, staff and student training, and overall engagement.

The Office of Community Life works to support students well being, conflict management, and community responsibility by managing the student conduct process, providing support and outreach in response to care form submissions, and working in collaboration with the Dean of Students office to connect students to campus resources and supports.

### CARE REFERRALS – FALL 2023

<table>
<thead>
<tr>
<th>Number of Referrals</th>
<th>148</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of Cases</td>
<td>134</td>
</tr>
<tr>
<td>Referred Cases</td>
<td>79</td>
</tr>
</tbody>
</table>

- **Bias Incident Referral Team (BIRT)**: 5 cases
- **Outreach, Referral, and Behavior Intervention Team (ORBIT)**: 50 cases
- **Residential Experience**: 20 cases
- **Dean of Students**: 1 case
- **Vice President of Student Life**: 3 cases
- **Total Students Served**: 132+

### STUDENT CONDUCT CASE MANAGEMENT NUMBERS – FALL 2023

<table>
<thead>
<tr>
<th>Number of Referrals</th>
<th>97</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of Cases</td>
<td>90</td>
</tr>
<tr>
<td>Referred Cases</td>
<td>8</td>
</tr>
</tbody>
</table>

- **Title IX Support & Compliance**: 8 cases
- **Total Number of Student Respondents**: 141

### Campus Safety & Transportation

**Safety services that support students, staff, faculty, administrators and visitors.**

- Patrolling the campus and promoting safety.
- Staffing the front kiosk at the main road to monitor traffic and bolster safety. The kiosk serves as our dispatch center where we take calls and broadcast information to officers on campus.
- Responding to requests for assistance to include lockouts, collaborating with stakeholders on campus to include students, and managing parking related issues.
- Locking up all buildings at night and unlocking them early in the morning.
- Attending and Supporting events on campus.
- Managing the SMC Lyft and County Connection bus programs.
- Responding to all calls for assistance.
- Serving as the connection for local police and fire.
- Monitoring the Gael Safe App.
- Preparing for emergencies and disasters.
- Responding to fire and burglary alarms on campus property, to include at the Rheem Center.
- Enforcing parking violations and coordinating parking for events.
Outreach

Outreach to our local community is imperative to the positive exposure of Saint Mary’s College. Our reach extends past Moraga and provides educational and financial opportunities.

Professional Safety Training

Active Shooter drills on campus with first responders from Moraga police and fire, Lafayette police, Orinda police, and personnel from the Contra Costa County Sheriff’s Office as well as the Contra Costa Fire District.

Summer Youth Camp Participants

<table>
<thead>
<tr>
<th>Region</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northern California</td>
<td>89.9%</td>
</tr>
<tr>
<td>Central California</td>
<td>8.2%</td>
</tr>
<tr>
<td>Southern California</td>
<td>1.7%</td>
</tr>
<tr>
<td>Out of State</td>
<td>2.3%</td>
</tr>
<tr>
<td>Did not Respond</td>
<td>3.1%</td>
</tr>
</tbody>
</table>

Non-SMC Affiliated Housing

$10,525
June 23 - Dec 23

Recreation Facility Rentals FY23

$64,280

Email Distribution Lists

- The Scoop
  - 17 electronic issues
  - 2675 Recipients
  - 72.19% Open Rate (industry average is 23%)
- Family Newsletter
  - 5 electronic newsletters
  - 9,176 Recipients
  - 55.22% Open Rate

- Number of rentals June - December 2023 Non-SMC affiliated.
- Each day the group reserved the facility is considered one rental.
Fall 2023
Professional Staff

Aaron Gibson  Associate Director for Campus Safety
Alexandra Kytan  Student Conduct Coordinator
Amanda Morton  Athletic Trainer
Ann Hassett  Registered Nurse .40
Arlo de Guzman  Sergeant
Art Wagner  MFT/PCC Trainee
Bill Harris  Officer
Brian Middleton  Director of Housing Operations & Auxiliary Services
Carnetta Porter  Staff Therapist AA/Black Student Focus
Carolina Celis  Housing Operations Manager
Cynthia Cutshall  Associate Director for Clinical Services
David Vengel  CAPS Staff Therapist
Elise Schiappacasse  CAPS MFT/PCC Trainee
Erin Perkins  Nurse Practitioner/Interim Medical Director
Fei Hui  CAPS Staff Therapist
Fiona Corner  Assistant Director for Residential Experience
Giselle Perez  Officer
Heidi Tend  Office Manager
Jeff Russo  Sergeant
Jennifer Berten  Registered Nurse .40
Jennifer Herzog  Assistant Vice President of the SMC Experience
Jeremy Penaflor  Director of Recreational Sports
Jim Sciuto  Vice President for Student Life
Judy Curtis  CAPS Staff Therapist
Karina Schwab  CAPS Staff Therapist
Karlene Alves  CAPS Staff Therapist
Kimiya Shokri  Assistant Director of Intercultural Center
Kristen Freeman  Staff Therapist
Kohyon Clayton  Officer
Laura Lyndon  Interim Dean of Students
Layli Khaghani  CAPS Staff Therapist
Lillian O’Keefe  Assistant Manager for Club Sport Operations
Lora Dungo  Medical Assistant
Lori Umidon  Membership Services & Facility Operations Manager
Lyla Lauren  Lieutenant
Mario Villezar  Officer
Manjit Sappal  Executive Director for Campus Safety and Transportation
Mariel Littorno  Assistant Director of Campus Recreation Programs and Operation
Megan Gallagher  Director of Campus Assault Response and Education
Melanie Salas  Intercultural Center Coordinator
Miranda Vega  Interim Program Coordinator in Student Involvement & Leadership
Niloufar Azadeh  Student Support Coordinator
Nolan Puglisi  Officer
Rebecca Harper  Director of Campus Recreation & Club Sports
Ronn Peterson  Officer
Samantha Alberto  Director of Residential Experience, Interim Director for the Intercultural Center
Sam Bide  Officer
Sean Alexander  Sergeant
Sharon Sobotta  Director of Center for Women & Gender Equity
Stacy Welcome  Physician Assistant
Themis Lonis  Officer
Thomas Perry  Assistant Director for Club Sports
Thomas Westbrooks  Officer
Travis Mason  Associate Dean of Students / Director, Office of Community Life