



## **MFT/PCC Practicum Training Program 2025-2026**

The MFT/PCC practicum at Counseling and Psychological Services (CAPS) - Saint Mary's College is for graduate students enrolled in a Master's in Counseling Psychology Program. It is a 24-hour-per-week commitment consisting of comprehensive training and supervised experience in individual and group psychotherapy, crisis intervention, consultation, program development, and outreach. As part of the Student Life Division of Saint Mary's College, CAPS actively collaborates with many departments, including the Student Health Center, Center for Women and Gender Equity, Athletic Department, Residence Life, and Academic Affairs.

As an MFT/PCC Trainee, you will work in a busy college setting, providing therapeutic services through a trauma-informed lens. The position involves working with undergraduate and graduate students with complex clinical presentations, including but not limited to depression, anxiety, partner violence, suicide prevention, family conflict, sexual assault, disordered eating, substance abuse, and crisis intervention. The clinical component of the training program consists of a series of seminars, supervision, and case conferences designed to address general crisis intervention, counselor development, and psychotherapy approaches, as well as issues specific to the college population. The theoretical orientation is primarily a combination of psychodynamic and relational-cultural theories with a strong emphasis on integrative approaches that support the whole person.

Embedded throughout the training year are “cultural conversations,” where we examine how our own cultural identities and countertransference affect our work. We are committed to incorporating an equity-minded, social justice-oriented approach to support the needs of marginalized students and clinicians. As such, our mission is to create an environment that prioritizes equity, inclusion, and social justice.

### **Position Description and Job Duties**

- Performs supervised individual and group counseling, crisis intervention, programming, and consultation/outreach to the College community in a supportive environment.
- Provides brief therapy (8-10 sessions), single session therapy, and makes appropriate referrals.
- Work is supervised by professional staff, and individual clinical work is supervised by a licensed psychologist.
- This is a 9.5-month, 24-hour/week position.

**Required Qualifications**

Current graduate students are enrolled in a Master's in Counseling Psychology Program.

**Preferred Qualifications**

- Prior experience working with developmental issues of late adolescence, college students, and with diverse populations.
- Prior experience working with “high-risk” clients (e.g., emotional dysregulation, suicidality, substance use, self-harm).
- Familiarity with Psychodynamic/relational theory and technique, with a strong interest in learning more about this modality.
- Experience working with or a strong interest in first-generation college students.
- Experience working with or a strong desire to work with BIPOC and LGBTQIA2S+ communities.
- Bilingual.

**Essential Duties and Responsibilities:**

- Conducts comprehensive intake interviews with students who request counseling services and completes the required clinical documentation via an electronic recordkeeping system within the same day.
- Provides individual and group counseling to students on a scheduled basis or through crisis intervention.
- Conduct risk and safety assessments and respond as needed.
- Provides outreach workshops to the campus community.
- Consults with supervisors and staff as needed.
- Acts as a campus resource regarding mental health issues and represents CAPS on campus.
- Serves as a liaison between the client and campus or community resources as needed.
- Provides consultation to staff, faculty, and parents seeking assistance for distressed students or those with serious mental health issues.
- Attends all required training seminars, staff meetings, and supervision on a weekly basis.
- Interacts with staff and students in a professional and ethical manner.
- Participates in supervision and training with an openness to learning and receiving feedback.

**Required Hours:** 24 hours a week commitment. Closed for two weeks during the Christmas holiday. Training seminars take place on Wednesdays and Thursdays, so those days are mandatory. Other days can be Monday, Tuesday, or Friday.

**Start Date: August 11, 2025** - Orientation takes place during the first two weeks. Topics will include an introduction to Saint Mary's College, working with a college population, brief therapy, suicide assessment, psychodynamic/cultural relational theory, social justice readings, policy and procedures, RA training, and more.

**Orientation is mandatory and takes place Monday through Friday, 9 am-5 pm, from August 11th to 21st, 2025.** Normal hours begin on August 25<sup>th</sup>, 2025. The practicum year ends on May 29th, 2025.

**Application Deadline: February 10, 2025, for full consideration.**

Below are the weekly required trainings: *(subject to change due to caseload and the number of trainees, but will meet the BBS requirements).*

**Case Conference: 2 hr/week**

Practicum trainees participate alongside staff to present cases for review and discussion. We bring process notes to the presentation and follow a format that is part of the training. We present the same case for 2-3 consecutive weeks, looking at case formulation, ethical issues, clinical nuances, sociocultural considerations, transference/countertransference, and any clinical questions the presenter may have about the case.

**Group Supervision: 1 hour/week**

Trainees will participate in Group Supervision. Group supervision is facilitated by a clinical supervisor. It involves using a group setting to enable members to reflect on their work. Formulations are developed by the training group with particular attention to issues of transference, countertransference, and parallel process as they manifest in the clinical hour.

**Clinical Supervision:**

Practicum Trainees will receive one hour of individual supervision per week by a licensed staff member. Supervisors have an open-door policy and are available to supervisees for consultation beyond these scheduled hours.

**Staff Meeting: 1 hr/week (Mandatory meeting on Thursdays).**

All staff meet to coordinate and collaborate on the smooth running of the center. Once a month, all clinical staff have an in-service meeting called Cross-Cultural Clinical Conversations.

**Caseload**

10 to 15 hours per week are devoted to clinical work, and 1 hour of administrative work per day

***To apply, please submit materials below to:***

1. A cover letter briefly describing your interest in Saint Mary's College Counseling and Psychological Services Practicum training program.
2. A current curriculum vitae.
3. Three letters of recommendation (from clinical supervisors, faculty, trainers, previous employers, etc). Letters from individuals who can attest to your clinical skills, training, interest, and acumen are strongly recommended.
4. Transcripts of graduate work - unofficial are acceptable.

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