

Counseling Department, Kalmanovitz School of Education, Saint Mary's College

General Counseling
Plan of Study - 48 units
2 Year Coursework Schedule

Year 1: FALL

TOTAL UNITS: 48

COUN	600	Introduction to Counseling Research	1
COUN	601	Counseling Skills I (6 Saturdays 10-5 with 6 additional 2-hour training groups)	3
COUN	604	Theories of Counseling	3
COUN	611	Law, Ethics, & Values	3
COUN	621	Human Development & Family Relationships	3

Year 1 or 2: JAN TERM

COUN	713	Psychological Perspectives of Gender	2
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Year 1: SPRING

COUN	602	Counseling Skills II (6 Saturdays 10-5 with 6 additional 2-hour training groups)	3
COUN	605	Issues in Intercultural Counseling & Social Justice	3
COUN	620	Psychological Testing & Assessment	3
EDUC	772	Research Seminar I	3

Year 1: SUMMER

COUN	603	Personal & Professional Development of Counselors	3
COUN	612	Human Sexuality	1
COUN	613	Alcohol & Substance Abuse	2
*COUN	*797	*Counseling Exam Preparation (Second Summer Session Only)	3

Year 2: FALL

COUN	622	Group Theory & Practice	3
COUN	794 or 791	Field Experience	3

Year 1 or 2: JAN TERM

COUN	713	Psychological Perspectives of Gender	2
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Year 2: SPRING

COUN	610	Career Counseling	3
COUN	794 or 791	Field Experience	3
*COUN	*799	*Counseling Master's Project or Thesis	3

(For the Counseling Exam, take COUN 797 instead of COUN 799)

*COUN 797 or 799, not both

Effective 12/1/25