

Counseling Department, Kalmanovitz School of Education, Saint Mary's College

General Counseling  
Plan of Study - 48 units  
3.5 Year Coursework Schedule

Year 1: SPRING TOTAL UNITS: 48

COUN	600	Introduction to Counseling Research	1
COUN	621	Human Development & Family Relationships	3

Year 1: SUMMER

COUN	603	Personal & Professional Development of Counselors	3
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Year 2: FALL

COUN	601	Counseling Skills I (6 Saturdays 10-5 with 6 additional 2-hour training groups)	3
COUN	604	Theories of Counseling	3

Year 2 or 3: JAN TERM

COUN	713	Psychological Perspectives of Gender	2
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Year 2: SPRING

COUN	602	Counseling Skills II (6 Saturdays 10-5 with 6 additional 2-hour training groups)	3
COUN	611	Law, Ethics, & Values	3

Year 2: SUMMER

COUN	612	Human Sexuality	1
COUN	613	Alcohol & Substance Abuse	2

Year 3: FALL

COUN	605	Issues in Intercultural Counseling & Social Justice	3
COUN	620	Psychological Testing & Assessment	3

Year 2 or 3: JAN TERM

COUN	713	Psychological Perspectives of Gender	2
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Year 3: SPRING

COUN	622	Group Theory & Practice	3
EDUC	772	Research Seminar I	3

Year 3 SUMMER

COUN	610	Career Counseling	3
*COUN	*797	*Counseling Exam Preparation (Second Summer Session Only)	3

Year 4: FALL

COUN	794 or 791	Field Experience	3
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Year 4: SPRING

COUN	794 or 791	Field Experience	3
*COUN	*799	*Counseling Master's Project or Thesis	3

(For the Counseling Exam, take COUN 797 instead of COUN 799)

\*COUN 797 or 799, not both

Effective 12/1/25