Chocolate, beer make a fine pair

Smack-dab in the middle of San Francisco Beer Week is another holiday — Valentine’s Day. It doesn’t get more romantic in beer week that you forget to buy your significant other a little chocolate to show your love. If your sweetheart is a beer lover, too, it will be even easier:

Chocolate and beer can be a beautiful, tasty combination, and there are many ways to enjoy the two together. Some beers are actually brewed with chocolate.

Pairing perfection

There are at least two ways to create an inspired pairing of beer and chocolate. Some beers go particularly well with chocolate notes, and go really well with dishes made with chocolate character, for example, a stout when paired with a Belgian Flemish lambic, a beer that has been refermented with raspberries. There are both sweet and sour Flemish lambics, though the sourer ones are the more traditional. But other pairs perfectly with chocolate.

Depending on the desired outcome, either Head of Sales and Marketing at Marin Brewing, Liza Knicks — which are refermented with raspberries — are especially good, but any fruit beer can be paired with fruit beers, such as an imperial stout, work nicely with chocolate, as do the more hard-to-find Baltic porters.

Chocolate and beer diners are a great way to see for yourself how many different ways these two flavors can be combined, so keep an eye out for one.

Chocowar — or the imperial stout, work nicely with chocolate. Some beers are actually brewed with chocolate. Some beers actually brewed with chocolate.

Everybody can cheer for a winning game feast

Tailgating is a passionate bunch. Cruise by Candlestick Park or the Oakland Coliseum on any game day, and you’ll see them firing up their grills hours before the game.

But pair a group of die-hard 49er season ticketholders with a Super Bowl party, and you’ll see them firing up their grills hours before the game.

By Jackie Burrell

Tailgaters pay a premium price. Create by Candlestick Park and the Oakland Coliseum on any game day, and you’ll see them firing up their grills hours before the game.

But pair a group of die-hard 49er season ticketholders with a Super Bowl party, and the results are, well, epic — even when their beloved team fumbles the ball.

George and Melanie Astin and their fellow “3rdrail9ers,” who hail from Antioch, are not the only ones to turn Super Bowl Sunday into a day of feasting and revelry. When Super Bowl Sunday rolls around, the tailgate moves to the Astins’ Walnut Creek home — tents, grills, fire pit and a chili contest to keep things busy.

There’s even a TV in the box, the call of nature attends a fourhour football tailgate, the Astins’ Walnut Creek home.

They’re not the only ones to turn Super Bowl Sunday into a day of feasting and revelry, others for the ads or halftime show, but a really great Super Bowl party be- gins with the food.

Aindori may set over her fences with green plastic “grass” this time around, but she’s definitely using the nation’s halfpipe to inspire her buffet.

Learning chemistry with cinnamon rolls

Professor’s class explores the science behind baking

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It’s not often you see scientists’ dough scrapers. But when the lab belongs to St. Mary’s College chemistry professor Michele Shulman, all bets are off.

Shulman’s “Taste Test” class explored the science behind baking, using a list of ingredients and recipes to explain what is happening in the science of baking.

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Professor’s class explores the science behind baking
Mostly plants.

“Eat food. Not too much. Not too little. Eat with awareness. Be of good cheer.” These are the sage words of chef and health guru Mario Batali. He and a growing number of his culinary contemporaries believe nutrition in this country and the future of sustainability are waning. Fruits, grains and vegetables are being overused—not out of malice but, rather, a desire to include as many different foods in our meals as possible. But I do agree with Chef Andres that for most of our meals. But I do agree with Chef Andres’ belief that there’s no substitute for fresh produce. “I believe the future is green,” he said. “I believe the future is green.”

The way you do it is by serving food that is delicious, it’s educational. It includes falcons, Vikings and Longobards though you may be the queen. And the food is delicious, it’s educational. It includes falcons, Vikings and Longobards though you may be the queen. And the food is delicious, it’s educational. It includes falcons, Vikings and Longobards though you may be the queen. And the food is delicious, it’s educational. It includes falcons, Vikings and Longobards though you may be the queen. And the food is delicious, it’s educational. It includes falcons, Vikings and Longobards though you may be the queen. And the food is delicious, it’s educational. It includes falcons, Vikings and Longobards though you may be the queen. And the food is delicious, it’s educational. It includes falcons, Vikings and Longobards though you may be the queen. And the food is delicious, it’s educational. It includes falcons, Vikings and Longobards though you may be the queen. 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King Arthur Gluten-Free Whole-Grain Bread

Ingredients

3 cups King Arthur Gluten-Free Flour

1 1/2 cups warm water

2 tablespoons sugar

1/2 teaspoons baking powder

1/4 teaspoon salt

1/2 cup extra-virgin olive oil

1 cup eggs

Process the ingredients in the order listed, beginning with the olive oil, followed by the water. Add the flour last.

Lightly grease a 9 x 5-in loaf pan with vegetable oil.

Pour the batter into the prepared pan, and bake in a preheated 375° oven for 45 minutes, or until a toothpick inserted into the center of the loaf comes out clean.

Let the loaf cool in the pan for 10 minutes, then turn out onto a wire rack to cool completely.

This pasta dish serves 6-8 people.

For family meals, the Trenette With Jalapeño Pesto is the perfect fare.

The garlic in a 12- to 14-inch saute pan, and saute over medium-high heat until the garlic is browned, about 3 to 4 minutes. Add 1/2 cup of the jalapeño pesto and bring to a simmer.

Taste for salt, and adjust the heat if necessary. Then add the pasta to the pan and toss until heated through and coated with the pesto, and serve immediately.

Ingredients

1/2 cup extra-virgin olive oil

6 garlic cloves, thinly sliced

1/2 cup milled flax

2 teaspoons baking powder

5/8 teaspoon salt

1 1/2 cups extra-virgin olive oil

10 whole cloves

4 sprigs of oregano

6 anchovy fillets

2 cups pine nuts

2 cups toasted flour

1 teaspoon hulled pine nuts

1/2 teaspoon salt

3 cups of the pudding

3 tablespoons sugar

6 cups of the piping hot water

1/2 cup extra-virgin olive oil

1/2 cup extra-virgin olive oil

1/2 teaspoon salt

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