# Career Opportunities in Health and Human Performance

## Health & Wellness
- Personal Trainer
- Fitness Director/Manager
- Fitness Instructor
- Health Promotion
- Community Wellness
- Fitness Specialist
- Obesity Prevention

## Clinical
- Cardiac Rehabilitation
- Pulmonary Rehabilitation
- Clinical Dietician
- Clinical Exercise Physiologist
- Exercise Specialist

## Performance & Education
- Sport Nutritionist
- Sport Psychologist
- Strength & Conditioning Coach
- Athletic Trainer
- Teacher (College, K-12)
- Coach

## Science & Research
- Exercise Physiologist
- Biomechanist
- Lab Technician
- Sport Nutrition Product Development
- Ergonomist

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The options listed above are only some examples of some of the career choices in Health and Human Performance. For some of them a professional certification and/or post graduate education is required.

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**Potential Employers in these areas include:**
- Public and Private Schools
- Hospitals
- Olympic Training Centers
- City Parks and Recreation Centers
- Health and Fitness Clubs
- Corporate Wellness Facilities
- Amateur and Professionals Sports Teams/Leagues

**Useful Resources:**
- American Society of Exercise Physiologists: www.asep.org
- American Kinesiology Association: www.americankinesiology.org
- Exercise Jobs: www.exercisejobs.com