# Career Opportunities in Health and Human Performance

## Health Promotion & Wellness
- Community Wellness
- Health & Wellness Specialist
- Disease Prevention Activist
- Chronic Disease Health Educator
- Health Promotion Program Coordinator
- Worksite Health Promoter

## Clinical
- Cardiac Rehabilitation
- Pulmonary Rehabilitation
- Clinical Dietician
- Clinical Exercise Physiologist
- Exercise Specialist
- Physical Therapy Assistant

## Performance & Education
- Sport Nutritionist
- Sport Psychologist
- Strength & Conditioning Coach
- Athletic Trainer
- Teacher (College, K-12)
- Coach
- Personal Trainer

## Science & Research
- Exercise Physiologist
- Biomechanist
- Lab Technician
- Sport Nutrition Product Development
- Ergonomist
- Prosthetics Development
- Epidemiologist

The options listed above are only some examples of the careers in Health and Human Performance. A professional certification and/or graduate education may be required.

### Potential Employers in these areas include:
- Public and Private Schools
- Hospitals
- Olympic Training Centers
- City Parks and Recreation Centers
- Health and Fitness Clubs
- Corporate Wellness Facilities
- Amateur and Professionals Sports Teams/Leagues
- Government health departments & agencies

### Useful Resources:
- American College of Sports Medicine (ACSM): [www.acsm.org](http://www.acsm.org)
- American Society of Exercise Physiologists: [www.asep.org](http://www.asep.org)
- American Kinesiology Association: [www.americankinesiology.org](http://www.americankinesiology.org)
- Exercise Jobs: [www.exercisejobs.com](http://www.exercisejobs.com)
- National Commission for Health Education Credentialing: [www.nchec.org](http://www.nchec.org)