

**Saint Mary's College of California**  
**Kalmanovitz School of Education**  
**Counseling Department**

**Higher Education and Student Affairs (HESA) - Spring Start 2.5 years**  
**58 Units**

<b>Year 1: Spring Term</b>	<b>10 Units</b>
COUN 500 Introduction to Counseling Research	1
COUN 233 Law, Ethics & Values	3
COUN 248 Human Development & Family Relationships	3
COUN 230 Theories of Counseling	3
<b>Year 1: Summer Term</b>	<b>3 Units</b>
COUN 222 Personal and Professional Development of Counselors	3
<b>Year 2: Fall Term</b>	<b>12 Units</b>
COUN 520 Counseling Skills I (6 Saturdays, 10 to 5, alternating with 6 2-hour Training Group Sessions)	3
COUN 242 Foundations of Higher Education and Student Services	3
COUN 522 Issues in Intercultural Counseling & Social Justice	3
COUN 240 Psychological Testing & Assessment	3
<b>Year 2: January Term</b>	<b>3 Units</b>
COUN 234 Human Sexuality	1
COUN 237 Alcohol & Substance Abuse	2
<b>Year 2: Spring Term</b>	<b>9 Units</b>
COUN 521 Counseling Skills II (6 Saturdays, 10 to 5, alternating with 6 2-hour Training Group Sessions)	3
EDUC 572 Research Seminar I	3
COUN 245 Psychopathology	3
<b>Year 2: Summer Term</b>	<b>6 Units</b>
COUN 232 Career Counseling	3
COUN 560 Counseling Exam Preparation (In place of a thesis or project)	3
<b>Year 3: Fall Term</b>	<b>6 Units</b>
COUN 523 Group Theory & Practice	3
COUN 530 Counseling Field Experience	3
<b>Year 3: January Term</b>	<b>3 Units</b>
COUN 239 Psychological Perspectives of Gender	2
COUN 308 Addictions, Dual Diagnoses, and Recovery-Oriented Treatment	1
<b>Year 3: Spring Term</b>	<b>9 Units</b>
COUN 530 Counseling Field Experience	3
COUN 243 Social Justice in Higher Education, Theory, Practice and Research	3
COUN 550 Counseling Master's Project or Thesis (For the Counseling Exam, take 560 instead)	3