



## Health and Wellness Center (H&WC) Requirements Checklist

*Please make sure you (the student) complete the following items by August 15 to prevent a class registration hold*

- Medical History Form**
  - All required immunizations must be completed with records attached
    - Note: this requirement is not complete without immunization records.
- Tuberculosis (TB) Screening/Testing Form**
- Health Insurance Waiver**
  - Note: all students are automatically enrolled in the Saint Mary's College Student Health Insurance Plan (SMC-SHIP) each year. You must waive out of the plan if you have comparable coverage.
  - All full-time undergraduate students can use the services at the H&WC regardless of whether they have the SMC-SHIP or their own health insurance
- Online Courses**
  - You (the student) must complete two required courses: AlcoholEdu for College and Sexual Assault Prevention for Undergraduates. You must complete **BOTH** courses and score a 70% or greater on the AlcoholEdu for College exam to meet the requirement. You were emailed at your SMC email regarding these courses, for more information see our H&WC website.

*All of the information above, with further details, can be found on our Health and Wellness Center (H&WC) Website at <http://www.stmarys-ca.edu/health-wellness-center>. The H&WC can also be reached at (925) 631-4254.*