



Campus Recreation
INTRAMURAL SPORTS/LEAGUES RULES: VOLLEYBALL

TEAM REQUIREMENTS:

- A team will consist of a maximum of 6 players on the court at one time.
- A minimum of 4 players are required to start a game

EQUIPMENT: ☒

- Athletics shoes must be worn at all times.
- Shirts must be worn at all times.
- Knee pads are permitted, but not required.

GAMEPLAY: ☒

- Game time is start time.
- Rock, Paper, Scissors for first serve.
- Matches will consist of a best two out of three games. First to 25 wins, but team must win by 2. The third is the first to 15 (must win by 2). Matches will last a maximum of 60 minutes. At the 60 min mark the team with the most game wins will be declared the winner
 - If games won are the same then whoever has the most points will be declared the winner. In the case that the games and points are the same a sudden death game will be played. A coin toss will be made and one final play will be made to determine the winner.
- Rally Score
- Must win by two points.
- One 1-minute time-out per set.
- Rotation of servers is required.
- Substitutions may occur when the ball is dead
- Blocking a serve is not permitted.
- **LEGAL HITS:**
 - A contact of the ball to be legal must be made with any part of the body. The ball may be played below the waist. A legal hit must be a "clean" hit. The ball may not be carried on the follow through.
- **ILLEGAL HITS:**
 - An illegal hit is:
 - 1) slapping the ball
 - 2) bumping the ball with two separated hands (hands must be together)
 - 3) carrying/holding the ball
 - 4) palming the ball
 - 5) directing the ball.
- **PLAYING THE BALL:**



- A ball may be played three times on one side providing the same player does not touch the ball twice in succession.
- A serve is considered a fault when : the ball passes under the net; the ball touches a player of the serving team; or the ball lands outside of the opponent's player area.

PENALTIES: ☒

**Penalties range from removal of player for a set time to ejection of player. CampusRec Supervisor and Officials have final say over matters.* ☒

- No profanity. Players who use profanity on the court will have an immediate rejection from the game. No exceptions. Must talk with Scott Ohlendorf and Josh Harper.
- No touching the net.

☒ RULES AND REGULATIONS ARE SUBJECT TO CHANGE AT ANY POINT DURING THE SEASON AT THE DISCRETION OF CAMPUS RECREATION ☒