Time flies. Your internship is suddenly about two-thirds over. To find out whether it has been a help or a hindrance to your future goals, take the following quiz. Under each question, indicate which number best describes your situation:

1. I've really enjoyed the tasks I've agreed to do.
   □ □ □ □
   This isn't me    Somewhat true    Mostly true    Really true for me

2. I've met several people who have helped me learn the ropes and are willing to write me letters of recommendation.
   □ □ □ □
   This isn't me    Somewhat true    Mostly true    Really true for me

3. I've been on time and reliable, and people here appreciate my dependability.
   □ □ □ □
   This isn't me    Somewhat true    Mostly true    Really true for me

4. I've made it a point to figure out how to get along with the other people working here, and I know they've been glad to have me around.
   □ □ □ □
   This isn't me    Somewhat true    Mostly true    Really true for me

5. I have a learning contract in place for this internship, and I'm making progress toward accomplishing the goals on my list.
   □ □ □ □
   This isn't me    Somewhat true    Mostly true    Really true for me

6. I've gone the extra mile to take on extra tasks even when they weren't assigned to me, which has been appreciated.
   □ □ □ □
   This isn't me    Somewhat true    Mostly true    Really true for me

7. I've learned the industry's language and buzzwords and can hold my own in conversations at work.
   □ □ □ □
   This isn't me    Somewhat true    Mostly true    Really true for me

8. I've done some extra reading in the field or attended relevant meetings, conferences or lectures.
   □ □ □ □
   This isn't me    Somewhat true    Mostly true    Really true for me

9. I've been collecting a list of individuals or groups in the field with whom I can establish networking contacts next year. I have asked people at my organization to help me make those contacts.
   □ □ □ □
   This isn't me    Somewhat true    Mostly true    Really true for me

10. I've had a good time, and I've been making sure that people see me as a cheerful, positive person.
    □ □ □ □
    This isn't me    Somewhat true    Mostly true    Really true for me