This Valentine’s Day, Help Us End Violence Against Women, One Performance at a Time!

Last year, “The Vagina Monologues” made students, staff, and community members alike laugh, cry, and contemplate the world around them. This year, Eve Ensler's updated collection of gender-related performance pieces, “A Memory, a Monologue, a Rant, and a Prayer,” will take its place on the V-Day stage.

This Friday, February 13th, the play will make its debut performance with two showings, at 3pm and 8pm in the Soda Center. Pieces are diverse in subject, addressing issues and experiences facing men and women across different areas of the world. Performers from all majors have been rehearsing nearly every day for over a month to put on a memorable production just in time for Valentine’s Day!

Though some monologues address tough topics, each one is sure to inspire valuable conversations among roommates, friends, classmates or partners. Check out the WRC Facebook page to get your $5 tickets benefitting Community Violence Solutions.

Quick Calendar:

Feb 13th: V-Day, 3pm and 8pm in the Soda Center
Feb. 16th-20th: Love Your Body Week, various locations
Feb. 23rd: Mamas on Mondays with author Maura Wolf, 12pm in the WRC

Women's Resource Center

Garden level of Mitty Hall, 1928 St. Mary’s Road
Phone: (925) 631-4192
Twitter: @SMCWRC

WWW.STMARYS-CA.EDU/WRC
For one week this month, the WRC and Health & Wellness Center are teaming up to ask YOU to love your body! For some of you this might sound easy, but the truth is, immense media and social expectations can make loving your body feel impossible sometimes! With these events, SMC is fighting to redefine and reclaim beauty and masculinity for all people!

FEB. 16th: MIRRORLESS MONDAY
Stop by Dante Quad between 12pm and 2pm to mark up a mirror with positive messages!

FEB. 17th, HEART YOUR PARTS
Choose your favorite spots with a heart on Dante Quad from 12pm to 2pm!

FEB. 19th, LOVE YOUR BODY FESTIVAL
At this Community time self-love fair, smash a scale, watch a student fashion show open to all body types, and learn about the body positivity revolution! It all begins at 11:30 on Dante Quad.

FEB. 19th, EVERY (BODY) MATTERS
At 6pm in Hagerty Lounge, dip into chocolate fondue while discussing beauty, masculinity, and expectations raised by modern media.

Maura Wolf, author of “What Matters Most,” will be reading from her book at Mamas on Mondays this month!

What matters most? That’s not a question most people stop to ask themselves while juggling school, work, and family commitments. Yet that’s exactly what Maura Wolf is asking in her new book of the same name. On February 23rd, she’ll be visiting the WRC’s Mamas on Mondays program, a lunchtime discussion group for mothers and expectant mothers.

Mother and author Wolf will read excerpts from her book, which is subtitled “Everyday Leadership at Home, at Work, and in the World,” at noon in the WRC. From her reading, moms will begin to discuss their everyday stresses, the numerous things that demand their attention, and possible strategies for managing and simplifying their lives.