To build a stronger sense of community at Saint Mary's each and every one of us has to become a leader. It doesn’t mean you have to start a club, organize a rally or do something extraordinary. You don’t have to take on the image of a traditional leader. It starts by becoming a leader within yourself.

- Kainoa Scott
EOB Speaker “Finding a Home Within”
WHO WE ARE
Student Life provides integrated learning experiences that empower students to become engaged, global and ethical persons.

FORWARD VISION
Empowering students to discover and achieve their dreams. Student Life collaborates with faculty, staff, students, and community members to deliver a comprehensive and high-impact, student-centered experience both inside and outside of the classroom.

2021-2022 DIVISION GOALS

Student Experience
Recognizing the importance of student success and well-being, Student Life work collaboratively to strengthen the student experience and increase college affinity by being student-centered.
- Generate a student-centered transformation to maximize our vibrant and engaging community through partnerships with the schools and Athletics.

Student Success
We work diligently to ensure that as students complete their degrees, their time at Saint Mary's College is complete with high-impact and engaging experiences.
- Inspire students to discover meaningful connections, explore their interests, and participate in co-curricular experiences while pursuing their degrees in a timely manner.

Well-being
Well-being and healthy practices are essential to sustained student success. We ensure basic needs are met and resources that promote wellness are utilized.
- Cultivate an environment of well-being that empowers our campus community to establish and sustain healthy practices.

Inclusion and Equity
Diversity, equity, and inclusion are foundational to the university; without these principles, we ignore essential elements of belonging and success. As Student Life engages in our work, we will be equity- and diversity-minded.
- Advance an inclusive culture and equitable practices and outcomes.

Partnership and Community
Student Life will work collaboratively with students, faculty, staff, parents and families, alumni, and the broader local and global community to achieve institutional goals.
- Develop, engage, and sustain purposeful and meaningful partnerships that reimagine student-centeredness.
Message from Anthony
Vice President for Student Life

This past year has been exciting and productive for the division. There were familiar yet significant movements in the services, programs, facilities and functions offered to the Saint Mary’s Community and the Division of Student Life continued to embody the impact of student-centered experiences. The continued theme this year was to revitalize the foundation of Student Life and reconnect with the campus population after the year of remote and distance learning. Our focus was to prioritize the values of each division unit and enrich the student experience. This was accomplished by recognizing the importance of student success, working diligently to inspire students to create meaningful connections, maintain basic needs that empower healthy practices, advance an inclusive community and engage in meaningful partnerships for the success of students.

Key highlights of the 2021-2022 include returning to in-person services, successful events & programs, initiation of housing remodel plan that includes updating current buildings and inclusion of student voices through the Student Advisory Board and Campus Connect Series.

Much of the success to a plentiful year is attributed to the Student Life Leadership Team who not only lead their units through challenges, but introduced me to the foundation of Student Life at Saint Mary’s College. By maintaining our need to serve the Student body, we continued to maintain focus and continue to provide support to the campus community.

- Anthony
Quick Snapshot of the Year

**AUG 2021**
- Student Leadership Training (All Units)
- Move-In’s
- COVID Testing
- Weekend of Welcome
- Student Life Meet & Greet
- Coffee & Creativity Meetings
- Fall Semester Begins

**SEP 2021**
- Involvement Fair
- DOC Meetings
- CAB Blingo
- First Year Olympics
- 2nd Year - Sophomore Events
- CAB’s Friday Fest
- IC Open House
- Wellness Fair
- CAB Movie Night
- Residence Hall Fire Alarm Drills
- Club & Organization Weekly Meetings Begin
- RHA’s Thirsty Thursdays at the Pub

**OCT 2021**
- Parent & Family Weekend
- Men’s & Women’s Club Soccer Season Begins
- Cupcake for a Cause
- Student Organization Orientation
- SAS Bigs & Littles Mixer
- CARE/SCAAR DVAM T-Shirt Making
- QPR Training
- Club Baseball Preseason games
- AS Senate Meeting
- Spin in the Dark
- CAB Movie Night
- Fall Fest
- Campus Leader Connect
- CAB Escape Room
- Club Tennis Competitions Begin
- CAB Spooky Social

**NOV 2021**
- RHA Paint Night
- Feel Good Fridays
- Festival of Lights
- CAB Movie Night
- Dog Agility Season Begins
- NAISA Rez Dogs Watch Party
- Campus Climate Survey Celebration
- Veteran’s Day Happy Hour
- Club Sport Council Meeting
- Diversity Dance
- Res Ex Champion of the Canyon
- Holiday Blingo
- Men’s & Women’s Rugby Competition Season Begins

**DEC 2021**
- Stress Management Fair
- Intramural Basketball Championship
- Late Night Breakfast
- Wednesday Workshop Series
- Coffee & Conversations

**JAN 2022**
- IC Special Speaker Series
- Men’s & Women’s Club Volleyball Season Begins
- CAB Lafayette Reservoir Outing
- Coffee & Conversations
- Gaels for Trafficking
- CAB Breakfast on Chapel Lawn
GAELS ARE INTENTIONALLY ENGAGED

**FEB 2022**
- Mid-Year Orientation
- Fitness Classes for Spring Begin
- 44 Days of Black History Begins
- Food Truck Fridays Begin
- AS Student Organization Fair
- Decompression with Expression
- Lunar New Year Festival
- Collective Hours Begin
- Expressions of Blackness Cultural Night
- Men’s & Women’s Lacrosse Season Begins
- CAB/Gael Force Gonzaga Tailgate
- Spring Intramural Sports Begin
- Student Advisory Board Application Open
- Campus Leaders Connect
- Women’s Water Polo Season Begin

**MAR 2022**
- The BASH Cultural Night
- CAB Wine Down Wednesday
- State of Student Life Presentation
- Feel Good Fridays Begin
- SMC Gaels Watch Party
- Latinx Cultural Night
- Women’s History Month Celebration
- Women on Weights
- Resident Advisor Applications Due
- Major Declaration Festival
- St Patrick’s Day Blingo
- NCAA Gaels Watch Party
- RHA Thirty Thursday
- Angel Island Hiking Adventure
- Campus Leaders Connect
- Student Advisory Board Meeting
- Legacies of Change Event
- Muslim Women’s Day
- Asian Cultural Night
- Stunt Season Begins

**APR 2022**
- Cupcakes for a Cause
- CAB Rugby Games Tailgate
- SDS Connections Corner
- Gael Pantry Connections Corner
- Student Advisory Board Meeting
- RHA’s Housing & Hotcakes
- Mid East & N.African Cultural Night
- APASA Night Market
- Saint Mary’s Community Day
- Denim Day/CARE Donuts
- Take Back the Night
- Room Selection Week
- Club Sport Council Meeting
- Men’s Rugby National Championship

**MAY 2022**
- RHA’s Moms & Mimosas
- NCHA Winners Pool Party
- Senior Week
- Leadership Celebration & Awards
- Lavender Graduation Celebration
- CAB Carnival
- API Graduation Celebration
- Black Graduation Celebration
- Latinx Graduation Celebration

**JUN 2022**
- Summer Camp Season Begins
- New Student Orientations Begin
- Conference Services Housing

**JUL 2022**
- Leadership Celebration & Awards
- Lavender Graduation Celebration
- CAB Carnival
- API Graduation Celebration
- Black Graduation Celebration
- Latinx Graduation Celebration

COMMUNITY | ENGAGEMENT | WELLNESS
The Dean of Students and Engagement areas of the Division of Student Life successfully navigated a year filled with changes and a reintroduction of in-person activities. The departments within the area - Campus Housing, Campus Recreation, Community Life, Residential Experience, and Student Involvement and Leadership- provided engaged programming, increased student resources, and support structures for students to be successful. Students were re-familiarized to programs and initiatives that positively impacted their college experience, including Campus Recreation in-person fitness programs, weekly food trucks, Wednesday’s at the Pub, weekly residential programming, and the return of the campus Carnival, drawing over 900 students. New resources supported students in their journey at the College, including the development of a Transfer Living Learning Community, redesign of a Student Outreach, Referral, and Behavioral Intervention Team, continued care management during the pandemic, and the use of online platforms to streamline student processes. With over 1,000 unique visitors per week, the Recreation Center served as a healthy outlet for both students and employees. Campus Housing saw a nearly double increase of occupancy from the previous year and a 95% retention rate from fall to spring. These successes were in light of major staffing changes within the departments and a re-organization of the departments to create a newly focused Engagement Area. The area welcomes a new Associate Dean of Students, Assistant Dean of Students, Director of Housing Operations & Auxiliary Services, Member Services & Facility Operations Manager, and Housing Operations Manager to the team to fill vacancies from the year.

James Sciuto, P.h.D
Associate Vice President for Student Engagement
& Interim Dean of Students
WELCOME TO SAINT MARY’S
We are dedicated to providing a seamless transition into the campus community for new students and their living environment for all students.

New Student & Family Programs

97% First Year Students participate in Orientations

37 Issues of “The Scoop” reaching 3,096 readers

17 Weekend of Welcome Leaders

Orientation Leaders

8 New Student Orientations

60%

Spring ‘22 - 58% of enrolled, UG students lived on campus.

21 Residential Halls

58%

Fall ‘21 - 58% of enrolled, UG students lived on campus.

97% Retention Rate

COMMUNITY | ENGAGEMENT | WELLNESS
Residential Experience works with residential staff and helps build a community through programming and activities.

- Training Hours for Residential Advisors & Residence Hall Association: 100
- Programs & Events led by Resident Advisors: 246
- Average Attendees To Events & Programs: 25
- Living Learning Communities: 4
- Events hosted by Residence Hall Association: 24
- HOT TOPIC: Roommate Dialogue
  - Saint Patrick’s Day
  - RHA Event
  - The 1928 Pub
  - Specialty Beer

COMMUNITY | ENGAGEMENT | WELLNESS
STUDENT INVOLVEMENT & LEADERSHIP

Student Involvement & Leadership (SIL) is committed to fostering the holistic development of students by providing services that empower them to gain a better understanding of their personal potential through opportunities that cultivate leadership, meaningful relationships, and life-long learning in an inclusive environment.

I loved the energy and atmosphere today. I had some delicious tacos, talked to so many students and orgs and enjoyed the feeling of a real campus community. Thanks to you and your SEALs for all the hard work, as well as other Student Life staff and resources that helped out.

- Legacy Lee, Staff

Student Org Fair Feb 9th

58

Student Organizations
17% of the student population Involved in Student Organizations

230

Events & Programs Organized by Students

FREE FOOD

#1 Reason Students Attend Events

3877

Attendees

1250 Student Registered Student Attendees for CAB Events

Class Year Breakdown

47% of Attendees were Seniors
21% Juniors
19% Sophomores
13% First Year

90% of participants returned to multiple events
CAMPUS RECREATION
Campus Recreation strives to meet the dynamic needs and interests of students by providing programs and services that promote positive physical and mental health, encourage lifetime interest in active, healthy lifestyles and provide student leadership opportunities that complement the academic experience.
The Office of Community Life at Saint Mary’s College supports a safe and scholarly community where community members’ personal development is supported through aiding their understanding of how one’s actions impact others as well as their responsibilities as a member of the Gael Community.

CARE REPORTS
Care reports are documentation of issues that may be adversely impacting a student’s ability to be successful. Examples include health concerns, roommate mediation, and other experiences where concern for the well-being of students is reported for referral. Care reports are intended to support and help a student be successful.

INCIDENT REPORTS
Incident reports are generated by Public Safety, Resident Advisors or other community members who report an alleged Code of Conduct Violation or when there is a Title IX related incident documented. All of these reports are reviewed by the Office of Community Life and triaged accordingly for an appropriate resolution.

TOP 5
Reported Topics
- General Concern
- Student(s) of Concern
- Roommate Conflict
- Hospitalization/Medical/Health-Related Concern
- Bias Incident

CARE REPORTS
- General Concern
- Student(s) of Concern
- Roommate Conflict
- Hospitalization/Medical/Health-Related Concern
- Bias Incident

INCIDENT REPORTS
- Code of Conduct Violations
- Underage Alcohol Possession or Consumption
- Being Present with Alcohol Underage
- Failure to Comply
- Noise Violation
- Possession or use of drugs
STUDENT WELL-BEING

WELLNESS SERVICES
Our health and wellness programs focus on encompassing mind, body, spirit, and community. We support student well-being and academic success through direct services and education, and through empowering students to make positive decisions and respectful choices for life-long wellness.

Message about Well-Being

A key achievement for Wellness Services in 2021-2022 is the continued high level of care and that all three departments offered to students. Together Wellness provided 2,961 individual wellness visits, 84 outreach programs/training, and over 4,000 hours of COVID-19 response and management.

The Student Health Center played a key role in keeping the campus safe and healthy during the COVID pandemic. They administered 3,810 COVID tests, distributed 3,525 COVID home tests, and provided over 4,000 hours of support to students, families, faculty and staff on COVID related issues. In addition to their critical role in COVID management, the Student Health Center also provided 1,270 non COVID related medical appointments to students. In 2021-2022, CAPS provided mental health services to 12% of Saint Mary's students. Despite the decrease in enrollment and fewer students living on campus in 2021-2022, the percentage of students seen at CAPS was comparable with the percentage of students seen in college counseling centers nationally. Most notably, data showed that CAPS services contributed to student retention. 54% of students seen at CAPS reported that counseling services supported their continued enrollment at Saint Mary’s. The CARE Center provided a safe space for students who were impacted by sexual assault and interpersonal violence. They provided 69 educational programs and trainings focused on sexual assault prevention, Title IX, healthy relationships and bystander intervention as well as one on one support and consultation to students. Additionally, CARE supported student led advocacy efforts related to Title IX policies and processes on campus and played an important role in creating a campus culture of safety and respect.

At the core of supporting student well-being is Wellness Services’ commitment to diversity, equity, inclusion and accessibility. This core acknowledges that we cannot look at holistic well-being without acknowledging systems of oppression and health inequities that exist and affect each all the dimensions of wellness. One of these dimensions is food insecurity faced by many Saint Mary’s students. During 2021-2022, all students who sought Wellness services completed a screening for food insecurity. We also collaborated with Calfresh, SMC Gael Pantry, and the Contra Costa Food Bank to provide support and resources to students.

Dai To, Ph.D
Assistant Vice President of Wellness
Director Counseling and Psychological Services
WELLNESS SERVICES
The CARE Center promotes a campus culture of care, safety, and respect for all persons. We empower students through education and outreach and provide a supportive, trauma-informed, and student-centered approach in response to gender and power-based personal violence to all students.

Campus Assault Response & Education

14
5,040
112+

NCAA - Athlete Focused Education Sessions: Title IX & Healthy Relationships

MORE THAN
69

Evaluating programs and trainings focuses on sexual assault prevention, Title IX, healthy relationships and bystander intervention

COMMUNITY | ENGAGEMENT | WELLNESS
The therapists at Counseling and Psychological Services (CAPS) help students explore different ways to deal with life’s transitions, academic struggles, relationship issues and other serious concerns—all in a confidential, culturally sensitive, supportive environment. Counseling can help students develop more fulfilling relationships, succeed academically, and feel a greater connection to the SMC community.

Love you all at CAPS so much!! I’m graduating because of you.

- Anonymous

Of students seen at CAPS reported that counseling supported their continued enrollment at SMC

Students served in 15 outreach programs

Ongoing commitment to DEI, CAPS staff prioritizes professional development on multicultural sensitivity and served in the BLM and SURJ committees.
WELLNESS SERVICES
The Health Center understands that full intellectual potential can only be achieved in a healthy body, mind, and spirit. We recognize that access to quality health care and social justice are inextricably interconnected. To this end, the Health Center accepts its mission to provide the undergraduate students of Saint Mary’s College of California with accessible, compassionate, and confidential health care that meets the standards of an urgent care medical model.

HEALTH CENTER

Health Center

Medical Appointments

Flu Shot Clinics
151
Flu Shots
1,270
COVID Tests
3,810
Medical Appointments

COVID Management

500
Off-campus test results
3000
Vaccine Records
2000
Hours managing vaccine requirements

1848
Hours by COVID Team

Quarantine and Isolation Cases

141
Home Tests Handed Out
Club Athletics

468

Club Athletes

A Successful Year for Club Athletics

Student Leadership Development

The theme of this year has to revolve around overcoming challenges. There were many facing the over 450 Club Sport Athletes who needed to navigate continued COVID restrictions, staffing shortages, eliminated practice/competition facilities, equipment and shipping delays. These student leaders, even without leadership experience due to COVID canceling two straight seasons. In many cases these student leaders were first year students when we were last fully operational. We established a Club Sports Council that will meet regularly during the year to discuss overarching topics including evaluating the Club Sports Manual. These student leaders worked with governing bodies, equipment/apparel vendors, sport officials, airlines, bus companies, hotels, rental car agencies, opponents, and many departments on campus. When it was all said and done, our student leaders overcame these obstacles and flourished. Due to the great work of our student leaders our club teams competed on the fields, on the courts, in the water, and any other facility where our teams competed against other colleges and universities. Because of our student leaders we traveled safely, were well equipped, and had successful seasons.

21% of the student population participates in Club Athletics

9% increase in participants

When compared to 2019-2020 when 12% of the student population was involved in Club Sports

211 Female Athletes
205 Male Athletes

18% Of the female population participated in Club Athletics

COMMUNITY | ENGAGEMENT | WELLNESS
Saint Mary’s Students have the opportunity to participate in Club Sports and compete in local and/or national league affiliation. Club Sports at Saint Mary’s College are dedicated to good sportsmanship, competition, and personal development while maintaining our Gael Spirit.

 Generating revenue was also a challenge with the previously stated obstacles. We generated over $177,800 through ticket sales, concessions, rec facility rentals, and rec camps. We also raised over $1,204,377.00 through fundraising events and soliciting donations. Students paid their share by depositing over $83,000 in player dues.

It is widely considered that club sports play a significant role in the student experience, develop great student leaders, and have a positive impact on retention. With that being said, we can’t sign off without singing the praises of the successful teams. Men’s and Women’s Lacrosse had great wins during their season. Women’s Club Soccer also had their success on the field. With roster numbers being low, Women’s Rugby focused on 7s and found success in the end of the year tournament, losing a close game in the championship round. The most successful team at Saint Mary’s is once again Men’s Rugby. As the only team in the history of the College to play in a National Championship, at the highest level, men’s rugby once again represented Saint Mary’s in the National Championship game. Unfortunately, time ran out and our Gaels lost to a very physical and talented Army team.

Active Engagement

Student leadership makes club athletics go, but student engagement is our goal. We strive to actively engage as many students as possible as many times as possible. It is remarkable that we had well over 1,000 active engagements this year considering the facility challenges we faced. These engagements don’t include the countless hours of team meetings and team building exercises.

Our Club Sports athletes are very proud to represent Saint Mary’s College competing against other colleges and universities. They should be equally as proud of themselves because of their hard work and dedication to their sport.
INCLUSION & EQUITY

INTERCULTURAL CENTER
The Intercultural Center strives to create a safe and supportive learning environment that values diversity and builds an inclusive community. Through our co-curricular programs and services, the IC promotes cultural competence and social justice.

Program & Event Participants

- 3877

207 EVENTS

- Cultural Nights
- Cultural Graduation Celebrations
- Attendees
- Student Participants

"This event is a great opportunity for students to be themselves and celebrate. Enjoy being who they are and embracing it."
- Tyra Thompson Class of ’23

Class Year Breakdown

- IC participants
- 39% Seniors
- 23% Juniors
- 29% Sophomores
- 9% First Year

89.5% of participants returned to multiple events

89.5% of participants returned to multiple events

32% Of the student undergraduate population attended an IC event

COMMUNITY | ENGAGEMENT | WELLNESS
INCLUSION & EQUITY

CENTER FOR WOMEN & GENDER EQUITY
The Center for Women & Gender Equity creates an inclusive space where every member of the SMC community—all genders, bodies, sexual orientations, racial, spiritual, and ethnic identities—can seek education, support, dialogue, and engagement around issues of gender equity, identity, and equality.

Center for Women And Gender Equity

1700
Program Participants

Something interesting that I gained from Coffee Thursday Mornings is just being present in the morning before class and taking time to just chat with people. I loved having the guests there and chatting with them and learning about different areas on campus.

- Elyzza Joy Exala, Class of '22

1185
Community Engagement Hours

100
Advocacy, Support & Referral Meetings

49
Community Engagement Students

79
Programs & Events

COMMUNITY | ENGAGEMENT | WELLNESS
OFFICE OF VICE PRESIDENT FOR STUDENT LIFE

We provide services to support your health and wellness. Our goal is to lower the barriers to a Saint Mary’s education by creating experiences that extend the learning to the residence halls, the dining commons and the conversations that students have with one another out of the classroom.

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<tr>
<th>Office of Vice President for Student Life</th>
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<td>Student Advisory Board</td>
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**Discussion Topics**

- Campus Events
- Campus Communication Aspects
- Connections on Campus
- Graduate Student Connections
- Health and Wellness Resources
- Intentional Collisions for Our Community
- Student Leader Opportunities
- Student Organization Influence

**Campus Leader Connect**

President Plumb and his leadership team met with Student Leader Groups to learn and hear more about the concerns of students.

- Associated Students
- Intercultural Center Leaders
- DOC Leaders
- RHA
- CAB
- Club Sports
DIVISION OF STUDENT LIFE

Professional Employees 2021-2022

Alexandra Bibby  Housing Manager
Amanda Crawford  COVID RN - TEMP
Ann Hassett  Registered Nurse
Anthony Garrison- Engbrecht  Vice President for Student Life
Br Thomas Jones  Staff Psychologist
Brian Middleton  Director of Housing Operations & Auxiliary Services
Carnetta Porter  Staff Therapist AA/Black Student Focus
Cesar Ramos  Director of Student Involvement & Leadership
Cynthia Cutshall  Associate Director for Clinical Services & Operations
Dai To  Assistant Vice President for Wellness
Erin Perkins  Nurse Practitioner
Evette Castillo Clark  Dean of Students, AVP of Student Life
Heidi Tend  Office Manager
Jennifer Berten  Registered Nurse
Jennifer Herzog  Assistant Vice President for the SMC Experience
Jennifer Panish  Staff Psychologist/Training Coordinator
Jeremy Penaflor  Director of Recreational Sports
Jim Sciuto  Associate Vice President for Student Engagement & Interim Dean of Students
Kim Herriman  Postdoctoral Resident
Legacy Lee  Director of Intercultural Center
Lindsey Nakashima  Director of Club Sports
Lora Dungo  Medical Assistant
Lori Umidon  Recreation Services Administrator
Maile Shelley  Graduate Assistant
Makenna Messina  Graduate Assistant
Marcus Weemes  Director of Housing Operations
Margaux Kraemer  Assistant Director of Intercultural Center
Marty Storti  Assistant Vice President for Club Athletics & Revenue
Maureen May  Nurse Practitioner - TEMP
Megan Gallagher  Director of Campus Assault & Response Education
Rachel Snowden  Medical Director of Health & Wellness Center
Rebecca Harper  Exec Dir for Strategy, Planning & Operations/ Director of Campus Recreation
Samantha Alberto  Director of Residential Experience
Sharon Sobotta  Director of Center for Women & Gender Equity
Stacy Vander Velde  Community Life Consultant
Stephanie Alberto  COVID Administrative Assistant/Housing
Victoria Gonzalez  Coordinator of Community Life
Zachary Tedrow  Administrative Assistant